

Investigating the role of IL-4R α mediated signalling on Foxp3⁺ T regulatory cells during cutaneous leishmaniasis



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Abstract

In a murine model of *Leishmania major* infection, susceptible BALB/c mice develop a detrimental Type 2 immune response characterized by the production of interleukin (IL)-4 and IL-13, which single through a common receptor, the IL-4 receptor alpha chain (IL-4R α).

Forkhead box P3 (Foxp3⁺) Regulatory T (Treg) cells are an unique subset of CD4⁺ T cells that play important immunomodulatory roles maintaining a balance between Type 1 and Type 2 immune responses. During *L. major* induced cutaneous leishmaniasis, Treg cells accumulation at the site of infection has been implicated in suppressing a detrimental Type 2 immune response by modulating early interleukin (IL)-4 production, however it remains unclear if IL-4R α mediated signalling on Treg cells play a significant role in this process. To investigate this further, a novel BALB/c model was utilized in which the IL-4R α chain was conditionally knocked out on Treg cells (Foxp3^{cre}IL-4R α ^{-lox} mice). We demonstrated that the differential IL-4R α deletion efficiency in male (approximately 102 %) and female (approximately 32%) was maintained during *L. major* infection. Foxp3^{cre}IL-4R α ^{-lox} male mice, which had a greater degree of IL-4R α deletion on Foxp3⁺ Treg cells, developed significant footpad swellings and ear swellings, increased parasitic burdens at the site of infection and within draining lymph nodes. This hypersusceptible phenotype observed in Foxp3^{cre}IL-4R α ^{-lox} BALB/c male mice was accompanied with an increased Treg cell activity and amplified Type-2 immune response with an increase in IL-4, IL-10 from *L. major*-infected lymph node samples and IgE antibody secretion in *L. major* infected serum samples. Flow cytometry analysis revealed that a *L. major*-induced Indoleamine 2,3 dioxygenase (IDO)-mechanism could allow for increased *Leishmania* replication. Collectively, these data suggest a protective role for IL-4R α signalling on Treg cells in suppressing a detrimental Type 2 during cutaneous leishmaniasis.

1. Literature review

1.1 Leishmaniasis

Leishmaniasis is a highly prevalent vector-borne tropical disease, that is caused by parasites of the *Leishmania* genus and is transmitted to mammalian hosts by the bite of infected female sandflies (*Phlebotomus*, *Lutzomyia*) [1, 2]. Globally, approximately 1.6 million new cases and 65000 deaths are estimated to occur annually and 1 billion people remain at risk of *Leishmania* infection [3]. Despite this high rate of morbidity and mortality, leishmaniasis is regarded as a disease of poverty as the majority of those affected are in less developed countries in South East Asia, Africa and South America [4]. The effects of urbanisation, deforestation and armed conflict have limited the diversity of mammalian hosts from which sandflies can take a blood meal, thus increasing the transmission to humans [5].

The disease exists as three main clinical manifestations. Cutaneous leishmaniasis, caused by *L. major*, *L. tropica* and *L. mexicana*, is the most prevalent form of the disease, as outlined in Table 1, leading to 1.2 million new infections annually and is characterised by the formation of disfiguring cutaneous lesions [2, 3, 6]. Mucocutaneous leishmaniasis, caused by *L. braziliensis* parasites, result in ulcer formation and destruction of the mucus membranes within the nose and mouth [7]. Visceral leishmaniasis, caused by *L. infantum* and *L. donovani* parasites, was prevalent in South East Asia, Africa, Eastern Mediterranean and the Americas (Table 1) and causes lethality if left untreated as parasites disseminate through the bloodstream and invade internal organs [3, 8].

Table 1.1: The number of reported cases of cutaneous leishmaniasis and visceral leishmaniasis in 2017 (WHO 2019) [3]

Region	Cutaneous leishmaniasis cases in 2017	Visceral leishmaniasis cases in 2017
Africa	13951	6050
Americas	49578	4422
Eastern Mediterranean	78040	5127
Europe	1056	180
South East Asia	3	6176
Western Pacific	7	190

1.2 Lifecycle of *Leishmania* parasites

Leishmania parasites have a digenetic lifecycle existing as flagellated promastigotes within the mid-gut of the infected sandfly and aflagellated amastigotes within the mammalian host [9]. Upon taking up of a blood meal by an infected sandfly, the promastigotes present within the microvilli of the midgut epithelium are ejected through the proboscis into the mammalian host [10]. Once within the mammalian host, promastigotes are subsequently phagocytosed by several antigen-presenting cells (APCs) including dendritic cells, macrophages and neutrophils. *Leishmania* promastigotes are able to overcome the microbicidal activity of the phagosome, preventing the formation of the phagolysosome, resulting in the formation of a parasitophorous vacuole [11]. The opportune conditions within the parasitophorous vacuole allow promastigotes to differentiate into amastigotes, which continue to replicate and upon cellular apoptosis are released to infect surrounding immune cells thus leading to the establishment of infection.

1.3 Diagnosis and current treatment of cutaneous leishmaniasis

The incidence of cutaneous leishmaniasis in human patients remains underreported as the development of a lesion may only occur after two weeks to three months post infection, therefore early disease diagnosis remains poor [12]. The disease is primarily diagnosed using parasitological techniques to detect amastigotes from biopsy specimen under a light microscope or immunohistochemistry [13]. However, the limitations of such techniques are that they have relatively low sensitivities, resulting in many *Leishmania* infections being misdiagnosed.

Consequently, molecular based methods have been utilised to amplify different target regions in *Leishmania* DNA. Different primer sequences to target repetitive *Leishmania* kinetoplast DNA (kDNA) or small subunit ribosomal RNA (SSU rRNA) via PCR have allowed for highly sensitive parasite detection as well as the identification of the particular *Leishmania* species in infected patients [13, 14].

There are currently no approved vaccines commercially available to prevent against cutaneous leishmaniasis and the front-line drug therapies available to reduce lesions include pentavalent antimonials, liposomal amphotericin B and miltefosine which target the *Leishmania* parasite [15]. Miltefosine treatment administered orally at a dose of 2mg/kg for 28 days has been shown

to have a 60-90% effectiveness rate [15]. Liposomal Amphotericin B deoxycholate administration intravenously at a dose of 25mg/kg significantly reduced lesion sizes following six days of treatment [16]. Pentavalent antimonials, such as Pentostam, are administered intramuscularly for a 20-day course at a dose of 20mg/kg/day; such compounds have a 90% effectiveness rate as they inhibit parasitic glycolysis and fatty acid oxidation [16]. However this drug treatment options have negative side effects associated which include cardiotoxicity, renal toxicity and nausea, and an increasing emergence of drug-resistant *Leishmania* populations [17, 18], therefore there remains a crucial need to understand the interaction between *Leishmania* parasites and their mammalian hosts to identify novel immunotherapeutic targets for effective disease management.

1.4 Use of murine models to understand immune polarization during cutaneous leishmaniasis

The introduction of *L. major* promastigotes into experimental mouse models has provided a robust model to investigate the immune evasion strategies utilized by *Leishmania* parasites, as well as immune response elicited in mammalian hosts during cutaneous leishmaniasis. BALB/c mice during *L. major* infection, display a susceptible phenotype that is characterized by parasite persistence and lesion development [19]. In contrast, C57BL/6 mice following 8 weeks of *L. major* infection, displayed a resistant phenotype showing a significant reduction in lesion size [20].

The resistant phenotype observed in C57BL/6 mice led to the *in vivo* characterization of a Type 1 immune response, defined by a reduction in IgG1 and IgE antibody serum levels and increased IgG2b and IgG3 antibodies. Interferon-gamma (IFN- γ) and IL-12 have been shown to directly enhance T helper 1 (Th1) cell development *in vitro* and *in vivo*, which are required for the resistant phenotype observed during *L. major* infection [21, 22]. Th1 cells, through the secretion of tumour necrosis factor (TNF), IL-12 and IFN- γ , activate the production of classically activated (M1) macrophages. M1 macrophages primarily regulate killing effector mechanisms through secretion of reactive oxygen species such as hydrogen peroxide (H₂O₂) and reactive nitrogen species intermediates such as nitric oxide (NO) that lead to the destruction of intracellular *Leishmania* parasites [11, 23].

In contrast, susceptibility to *L. major* infection observed in BALB/c mice has been attributed to the activation of Type 2 immune response. During a Type 2 immune response, IL-4 and IL-13 secretion have been shown to polarize naïve T cells towards Th2 cell development and directly inhibit IFN- γ production by Th1 cells. Th2 cells secretion of IL-4, IL-13 and IL-10, leads to the activation of alternatively activated (M2) macrophages that secrete arginase 1. Arginase 1 (Arg1) secretion depletes the common L-arginine substrate, that is required by induced nitric oxide synthase (iNOS) for NO production; this leads to an inhibition of M1 macrophage activation and a reduction in a Type 1 immune response. *L. major* parasites are able to evade the killing-effector mechanisms of M1 macrophages, by enhancing IL-4 and IL-13 secretion, leading to M2 macrophage activation thereby enabling sustained intracellular replication [11, 24]. The Type 2 immune response in infected BALB/c mice further differs from a Type 1 immune response, as higher levels of IgE and IgG1 serum antibodies have been reported [25].

1.5 IL-4, IL-13 and the role of IL-4R α chain

1.5.1 Defining the role of IL-4 and IL-13 during cutaneous leishmaniasis

Murine IL-4 and IL-13 have been identified as canonical cytokines that maintain Type 2 immune response, observed in susceptible BALB/c mice during *L. major* infection. IL-4 has a molecular weight of 14-19 kDA and IL-13 has a molecular weight of 10-14 kDA and both are localised on chromosome 11 [26]. Although IL-4 and IL-13 are key immunoregulatory cytokines required for the initiation of a Type 2 immune response, they are initially secreted in both BALB/c mice and C57BL/6 mice during the early stages of infection [27, 28]. Various immune cells have been identified as producers of IL-4 and IL-13 such as innate immune cells including dendritic cells, basophils, natural killer T cells, mast cells and adaptive immune cells including Th2 cells and B effector 2 (Be2) B cells [26].

Despite this early IL-4 production in both strains, IL-4 signalling is short-lived in resistant C57BL/6 mice and is sustained in susceptible BALB/c mice [28]. The observed differences in IL-4 signalling between the two different strains of mice, led to the emergence of research centred around establishing a mechanism that could explain the contrasting disease phenotypes observed.

IL-13 signalling is critical for enhancing susceptibility during *L. major* infection. Matthew *et al.* (2000) showed that *L. major* infected IL-13 deficient BALB/c mice (IL-13^{-/-}) developed

significantly reduced footpad swellings similar to that of genetically resistant C57BL/6 mice, suggesting that IL-13 signalling is also required to inhibit the activation of Type 1 immune response which reduces *L. major* survival [9, 29].

On the other hand, IL-4 signalling during *Leishmania* infection seems to play a dual role in polarising the immune response. IL-4 is considered a key cytokine for the establishment of a Type 2 immune response, as it is able to downregulate the secretion of IFN- γ and IL-12, that leads to enhanced susceptibility to *L. major* infection [25, 30]. However, Bierdermann *et al.* (2001) provided a novel role that suggested that during *L. major* infection early IL-4 production is required initially to drive IL-12 production in dendritic cells, leading to the establishment of a Type 1 immune response [27].

During *L. major* infection, V β 4⁺ V α 8⁺ CD4⁺ T cell population have been identified as significant contributor's to early IL-4 production and sustaining IL-4 expression at the site of infection [31]. These V β 4⁺ V α 8⁺ CD4⁺ T cells specifically recognise and respond to the *Leishmania* homolog of receptors for activated C kinase (LACK) antigen from *L. major* parasites, leading to enhanced IL-4 production within 16 hours post infection, during which immune polarisation begins [32].

Notably however, although during *L. major* infection IL-4 is initially required by dendritic cells to establish a Type 1 immune response [27], early production of IL-4 from V β 4⁺ V α 8⁺ CD4⁺ T cells has been simultaneously shown to initiate a Type 2 immune response suggesting cell-specific differences for IL-4 signalling at the same time point [32].

1.5.2 The common IL-4R α chain during cutaneous leishmaniasis

The IL-4 receptor alpha (IL-4R α) chain is a 140kDA complex that has been found to be ubiquitously expressed on an array of immune cells including keratinocytes, macrophages, dendritic cells, B cells and T cells [6, 26]. The IL-4R α chain serves as an integral monomer in both IL-4 and IL-13 receptors [33, 34]. The IL-4R α chain integrates with the gamma common chain forming the Type 1 IL-4R α or it integrates with the IL-13 binding receptor 1 (IL-13R α 1) forming the Type 2 IL-4 α /IL-13R α 1 which binds to IL-13 with higher affinity [34, 35]. The IL-4R α chain, in combination with signal activation of JAK/STAT6 pathway, have been shown to be crucial for IL-4 and IL-13 mediated functions [36]. Experiments using anti-IL-4R α

antibodies, were found to inhibit IL-4 and IL-13 signalling via IL-4R α chain, thereby inhibiting their ability to mediate a Type 2 immune response [37, 38].

Given that both IL-4 and IL-13 signal via the IL-4R α and that these cytokines modulate a Type 2 immune response, that leads to parasite persistence during *L. major* infection, initial studies used global IL-4R α deficient (IL-4R $\alpha^{-/-}$) BALB/c mice, to dissect the mechanism by which IL-4/IL-13 signalling directs the immune response [25, 39]. Despite the hypothesis that a Type 1 protective immune response would be elicited, IL-4R $\alpha^{-/-}$ BALB/c mice were only able to control acute *L. major* infection for 80 days post infection. Following 80 days post infection, these IL-4R $\alpha^{-/-}$ BALB/c mice developed increasing footpad lesions indicating that *L. major* parasites were able to dampen the host's immune system allowing for sustained parasite replication [25]. In contrast, IL-4-deficient and IL-13-deficient BALB/c mice displayed sustained resistant phenotypes, implicating that IL-4 and IL-13 as key cytokines in modulating susceptibility to *L. major* [25, 29]. Collectively, these studies indicated that susceptibility to *L. major* may be modulated by a combination of IL-4/IL-13 directed mechanisms and mechanisms acting independently of either cytokine.

The emergence of a sustained Type 2 immune response even in the absence of the IL-4R α chain on all hematopoietic cells [25], led to the development of cell-specific IL-4R α mice models to explore whether IL-4R α signalling on different innate immune cells or adaptive immune cells has an effect on modulating immunity.

1.6 Cell-specific IL-4R α deletion mouse models in cutaneous leishmaniasis

The utilisation of the *cre/loxP* genetic recombination system, originally identified within bacteriophages, has allowed for the generation of murine models in which to assess the IL-4R α chain at a cellular level [40]. During embryonic development cyclization recombinase (Cre) expression is directed by cell-specific promoters flanked by *loxP* sites, to selectively delete the IL-4R α chain on specific cell populations under control of a cell-specific promoter [26]. The *cre/loxP* system has provided an efficient targeting strategy to establish the role of IL-4R α signalling within particular cell populations.

As early producers of IL-4 and abundant innate-like cells contained in the skin, which serves as the primary site of infection during cutaneous leishmaniasis, keratinocytes provided a favourable cell population for further investigation [41]. A keratinocyte-specific deletion of IL-4R α in KRT14^{cre}IL-4R $\alpha^{-/lox}$ BALB/c and C57BL/6 mice generated, to characterize whether

IL-4R α signalling on this innate-like cell population contributes to susceptibility during *L. major* infection [42]. In *L. major* infected KRT14^{cre}IL-4R α ^{-/lox} C57BL/6 mice and their littermate control mice developed similar lesion sizes accompanied by similar parasite burdens [43]. Similarly, KRT14^{cre}IL-4R α ^{-/lox} BALB/c mice and their littermate control mice developed similar increased lesion sizes during *L. major* infection [42, 43]; this indicated that IL-4R α signalling on keratinocytes does not contribute to the initiation of a Type 2 immune response in BALB/c or Type 1 immune response in C57BL/6 mice during *L. major* infection.

Following *Leishmania* inoculation innate macrophages, neutrophils and dendritic cells flux to the site of infection, are capable of phagocytosing invading parasites, and play key roles in determining Type 1 or Type 2 immune polarization [44]. The sustained Type 2 immune response observed in global IL-4R α deficient mice, led to the proposition that IL-4R α signalling on T cells did not solely drive Th2 cell polarization or lead to enhanced susceptibility to *L. major* infection [39, 45]. Subsequently, Holscher *et al.* (2006) proposed that the non-healing susceptible phenotype observed in BALB/c mice was driven by altering the polarization of macrophages, as they primarily regulate intracellular *Leishmania* parasite killing [45]. Previous studies have shown that neutrophils are also able to regulate intracellular *Leishmania* killing by forming neutrophil extracellular traps or by activating M1 macrophages killer effector functions through TLR4 recruitment [44, 46]. In order to assess if IL-4R α signalling on macrophages and neutrophils played any role in modulating Type 1 or Type 2 immune response, BALB/c mice were genetically engineered in which the IL-4R α chain was selectively deleted on macrophage and neutrophil populations (LysM^{cre}IL-4R α ^{-/lox}) [47]. The absence of IL-4R α signalling on macrophages and neutrophils led to delayed establishment of *L. major* infection in BALB/c mice up to 13 weeks post infection, which was attributed to inhibition of M2 macrophage activation and enhanced NO production by M1 macrophages [45]. Collectively, this data suggested that IL-4R α signalling modulates M2 macrophage activation allowing for initial *Leishmania* replication in BALB/c mice.

The functional ability of dendritic cells to serve as innate cells that are able to initiate adaptive immunity through antigen-presentation [48], provided them as a favourable cell population for further analysis. To characterize the functional role of IL-4R α signalling on dendritic cells during *L. major* infection, dendritic-cell specific deletion of the IL-4R α chain was generated in a murine model (CD11c^{cre}IL-4R α ^{-/lox} BALB/c mice) [6]. A more susceptible phenotype was observed in CD11c^{cre}IL-4R α ^{-/lox} mice, in comparison to the littermate control mice, that was

made evident by necrotic lesion development, up-regulation of a Type 2 immune response and *L. major* parasite dissemination into the brain [6]. The impairment of dendritic cells to activate NO killing effector mechanisms prevented the elimination of intracellular parasites in these infected mice [6]. This data gave new insight that indicated that signalling through the IL-4R α chain is required for the activation of killing-effector mechanisms employed by dendritic cells [49], thus suggesting that IL-4R α signalling on dendritic cells provides a protective role during *L. major* infection.

As part of the acquired immune cells, B lymphocytes were initially thought to only contribute towards host protection or susceptibility to *L. major* infection through immunoglobulin production [50, 51]. Subsequent studies have revealed that stimulated B cells, like T cells, can be defined as B effector 1 (Be1) cells and B effector 2 (Be2) cells that are able to produce a range of polarizing cytokines including IFN- γ , IL-12 and IL-4 and IL-13 respectively [52, 53]. Signals from Th2 cells and the IL-4/IL-4R α signalling pathway have been reported to be critical for differentiation of IL-4 secreting Be2 cells, which in turn are able to maintain CD4⁺ Th2-dependent immune responses [53], however the specific role of IL-4R α signalling on cytokine-producing B cells during *L. major* infection remained unknown.

To dissect the role of IL-4R α -responsive B cells during cutaneous leishmaniasis, a BALB/c murine model was utilized in which the IL-4R α chain was selectively deleted on B cells (*mb1^{cre}IL-4R α ^{-lox}* mice) [54]. During *L. major* infection, *mb1^{cre}IL-4R α ^{-lox}* BALB/c mice showed enhanced control of the disease as they had reduced footpad swellings and a significant reduction in parasite burden in the footpad [55]. This improved resistant phenotype observed in the absence of IL-4R α B cells was due to a reduced Type 2 immune response, indicated by significantly lower IL-4, IL-13 and IgE levels and consequently a shift towards a Type 1 immune response was observed to control parasite replication [55]. Collectively, this data indicated that IL-4R α signalling on B cells has a detrimental function during *L. major* infection, as it contributes to enhancing a susceptible Type 2 immune response.

Murine models of *L. major* infection have delineated that the resistant phenotype observed in C57BL/6 mice is promoted by Th1 cells and the susceptible phenotype in BALB/c mice is counter-regulated by Th2 cells [19, 56]. Given that IL-4 signalling solely had been shown to have a crucial role in Th2 cell development [57, 58], a CD4⁺ T cell specific deletion of the IL-4R α chain was genetically engineered in BALB/c mice (*Lck^{cre}IL-4R α ^{-lox}* BALB/c) to elucidate

the role of IL-4R α signalling on CD4⁺ T cells [59]. Lck^{cre}IL-4R α ^{-/lox} BALB/c mice had significantly reduced footpad swellings, reduced parasite burdens in the footpad and draining lymph nodes, accompanied with elevated IFN- γ and IL-12 levels similar to resistant C57BL/6 mice [59]. Subsequent studies showed that iLck^{cre} IL-4R α ^{-/lox} BALB/c mice, in which there was pan T cell-specific IL-4R α deletion, were also able to control *L. major* infection similar to Lck^{cre}IL-4R α ^{-/lox} BALB/c and C57BL/6 mice [60]. These data indicated that signalling via IL-4R α on T cell populations (CD4⁺, CD8⁺, $\gamma\delta$ ⁺ and natural killer T cells) has a detrimental role as it contributes to the susceptible phenotype observed in BALB/c mice; however since this pan T-cell specific IL-4R α deletion model the specific contribution of T regulatory cells remained unclear.

Collectively, these IL-4R α -deficient murine models have indicated that IL-4R α signalling can modulate disease outcome during cutaneous leishmaniasis due to its differential role in immune cell populations (Table 1.2). This differential role of IL-4R α signalling has prompted further investigation regarding the modes of action of IL-4/IL-13 signalling on an additional T cell population that plays a crucial modulatory role: the regulatory T cell population.

Table 1.2: The role of IL-4R α signalling on various immune cell populations during *L. major* infection

Cell Type – IL-4R α Deficient Mouse Strain	Role of IL-4R α signalling (Protective or Detrimental)	Disease phenotype during IL-4R α deficiency
All Cells (IL-4R α ^{-/-})	Both	Resistant during acute phase of <i>L. major</i> infection; becomes susceptible eleven weeks post infection [25]
Keratinocytes (KRT14 ^{cre} IL-4R α ^{-/lox})	Neither	Susceptible phenotype observed similar to littermate controls [42]
Macrophages and Neutrophils (LysM ^{cre} IL-4R α ^{-/lox})	Detrimental	Resistant phenotype driven by inhibition of M2 macrophage activation and increased NO production [45]
Dendritic Cells (CD11c ^{cre} IL-4R α ^{-/lox})	Protective	Hypersusceptible phenotype due to inhibition of dendritic cell mediated killer-effector mechanisms [6]
B Cells (mb1 ^{cre} IL-4R α ^{-/lox})	Detrimental	Resistant phenotype driven by reduction in Type 2 immune response [55]
CD4 ⁺ T cells (Lck ^{cre} IL-4R α ^{-/lox})	Detrimental	Resistant phenotype driven by increased Th1 cytokine secretion [59]
Non CD4 ⁺ T cells (iLck ^{cre} IL-4R α ^{-/lox})	Detrimental	Increased resistant driven by activation of Type 1 immune response [60]

1.7.1 The role of regulatory T cells in immunity

Regulatory T (Treg) cells are a unique subset of CD4⁺ T cells whose immunosuppressive activities are crucial for maintaining immune homeostasis and tolerance to self-antigens [61]. Similar to other T cells, Treg cells are derived from progenitor cells in the bone marrow and require intermediate signalling via the TCR for successful development [62, 63]. Human Treg and mouse Treg cells were initially distinguished from other T cell populations by cluster of differentiation 4 (CD4) and CD25 [64, 65]. However, as other T cell population also co-express these markers, subsequent studies revealed that forkhead box P3 (Foxp3) expression can be used as a specialized marker to discriminate Treg cells from effector and memory T cells which are also CD4⁺ CD25⁺, as Foxp3 acts as a master transcription factor that drives the development and function of Treg cells [66-68]. Foxp3 belongs to the forkhead/winged helix transcription factor family and is located on the X-chromosome [69]. The Foxp3 protein is 48kDA and

consists of 4 distinct domains: forkhead domain, leucine zipper, zinc-finger and repressor domains, which are required for Foxp3 transcriptional repressive activity [70, 71]. The importance of Foxp3⁺ Treg cells as modulators of the immune system has been established in Scurfy mice and human patients with immunodysregulation, poly-endocrinopathy and enteropathy, X-linked syndrome (IPEX), as mutations in Foxp3 genes lead to a loss in functional Treg cells resulting in the development of fatal autoimmune disease that causes lethality in 4-5 week old mice [72, 73].

Several mechanisms are employed by Foxp3⁺ T reg cells to achieve an immunosuppressive effect which include the production of suppressive cytokines- IL-10, IL-35 and transforming growth factor beta (TGF- β) [65]. Treg cell-derived IL-10 and TGF- β have been identified having crucial roles in mediating the host immune response during *Mycobacterium tuberculosis* (*Mtb*) infection, suppressing colitis in an Inflammatory Bowel Disease (IBD) mouse model and inhibiting airway allergic responses in sensitized mice [74-77]. Gondek *et al.* (2005) provided an additional suppressive mechanism by which Treg cell secretion of granzyme B induced cytotoxicity of effector T cells [78]. Subsequent studies have shown that Treg cell expression of granzyme B induces apoptosis of B cells, Natural killer (NK) cells and CD8⁺ cytotoxic T cells [79, 80]. Treg cells, through their expression of inhibitory receptors such as co-stimulatory molecule cytotoxic T-lymphocyte antigen (CTLA-4), or programmed death-1 (PD-1) are additionally able to induce immunosuppression by modulating the function of dendritic cells [81]. CTLA-4 or PD-1 interaction with CD80/86 or programmed death ligand 1 (PD-L1) on dendritic cells, induces dendritic cells to produce immunosuppressive molecules such as Indoleamine 2,3 dioxygenase (IDO), thereby suppressing effector T cell activation [82]. IDO as an immunosuppressive enzyme promotes Treg cell differentiation and diminishes the levels of tryptophan, which has been reported to skew T helper polarization [83].

1.8 The role of regulatory T cells during cutaneous leishmaniasis

Although the suppressive functions of Treg cells had been well characterised, the role of Treg cells during cutaneous leishmaniasis remains unclear, as some studies have proposed a protective role, whilst others have suggested a detrimental role for Treg cells during *L. major* infection. Treg cells have been postulated to play a critical role in minimizing the levels of tissue damage during cutaneous leishmaniasis, due to their modulatory abilities that allow them to maintain homeostasis between Th1 and Th2 cells [84, 85]. In a murine model of *L. major*

infection Foxp3⁺ Treg cells were shown to accumulate at the site of infection and a similar finding was noted in skin lesions from human patients that were diagnosed with cutaneous leishmaniasis [84, 86].

Aseffa *et al.* (2002) showed that CD4⁺CD25⁺ T reg cells were able to control early IL-4 production by acting on the IL-4 secreting Vβ4 Vα8 CD4⁺ T cell population [20]. Depletion of the CD4⁺CD25⁺ Treg cell population in BALB/c mice resulted in increased levels of IL-4 expression and rendered these mice more susceptible to *L. major* infection [20]. This data suggested that Treg cells have a protective role during cutaneous leishmaniasis, as they play an important role in inhibiting early IL-4 production thereby reducing the adverse effects of a Type 2 immune response.

In contrast, Suffia *et al.* (2005) showed that depletion of α_E chain (CD103), which is required for the homing of Treg cells to the site of infection, led to increased resistance in BALB/c mice during *L. major* infection [87]. In previously infected C57BL/6 mice, re-challenge with *L. major* parasites led to the aggregation of CD4⁺CD25⁺ Treg cells at the initial site of infection, where they inhibit effector T cells ability to control parasite replication [88]. Treg cells sustained inhibition of effector T cells could therefore lead to *Leishmania* parasite persistence and reactivation of infection [86, 88]. Collectively, these data suggest that Treg cells also play a detrimental role during *L. major* infection and this enables sustained *Leishmania* replication during cutaneous leishmaniasis.

Currently, there is no definitive role of Foxp3⁺ Treg cells during cutaneous leishmaniasis as this T cell population is able to contribute to host protection against and lead to sustained *L. major* replication at the site of infection. While Treg cells are required to suppress a detrimental Type 2 response, excessive Treg cell accumulation leads to *L. major* persistence, which suggests that for effective protection against *L. major* infection a balance is required between Treg cells and effector T cells [20, 84, 87].

Research that focuses on Treg cell regulation has identified that IL-4, along with various other cytokines, are required to modulate Treg function [89]. Previous studies have found that reduced Foxp3 expression on Treg cells, lead to their reverting to Th2-like cells, which secrete cytokines such as IL-4 and IL-2 and express transcription factor gata binding protein 3

(GATA3); indicating evidence of plasticity between Th2 and Treg cell populations [90-92]. A previous study has shown that IL-4 signalling via STAT6 was required to maintain Foxp3 expression in CD4⁺CD25⁺ Treg cells [36]; indicating that IL-4 has a stimulatory effect on Treg cell development. In contrast, Wei *et al.* (2007) showed that IL-4 secretion by Th2 cells can inhibit TGF- β -mediated Treg cell differentiation from naïve CD4⁺ T cells [93]; indicating that IL-4 also has an inhibitory effect on Treg cell development. Given the apparent contradictory effects of IL-4 on Treg cell development, the effects of signalling via the IL-4R α chain may provide further insight with regards to Treg cell development and modulation *in vivo*.

Although Treg cells act to inhibit early IL-4 production [20], IL-4 signalling via the IL-4R α complex was required to drive Foxp3 expression, highlighting its importance in influencing the immunomodulatory activity of Treg cells [20, 36]. IL-4R α mediated signalling was also shown to act on Th cells to increase their resistance to the suppressive activity of Treg cells; which further provides an undiscovered role for IL-4R α signalling in modulating Foxp3⁺ Treg cell function in different disease settings [36].

1.9 Project Rationale

The influence of IL-4R α signalling on Foxp3⁺ Treg cells has been limited as it has only been reported during the context of helminth infection [89]. Treg cells have been identified as a crucial CD4⁺ T cell population involved in modulating the host's immune response during cutaneous leishmaniasis, however the influence of IL-4R α signalling on Foxp3⁺ Treg cells during *L. major* infection remains unknown. To enable further investigation into this signalling pathway, a *L. major* model of infection was established in BALB/c mice that were engineered, using the cre/loxP system, to selectively delete the IL-4R α chain on Treg cells under the control of the *Foxp3*⁺ locus (Foxp3^{cre}IL-4R α ^{-lox} mice) [89]. This present study attempted to provide a potential mechanism of action of IL-4R α signalling that can be targeted to enhance mammalian host's immunity during cutaneous leishmaniasis

1.10 Aim and Objectives

The aim of this study is to dissect the role of IL-4R α signalling on Treg cells during cutaneous leishmaniasis

To achieve this aim, we set forth the following objectives:

- To confirm efficient Cre-mediated deletion of IL-4R α on Foxp3⁺ Treg cells during *L. major* infection
- To characterize the clinical phenotype observed between male and female Foxp3^{cre}IL-4R α ^{-/lox} mice following *L. major* infection
- To characterize the immune responses at cellular and molecular levels elicited in male Foxp3^{cre}IL-4R α ^{-/lox} male mice during footpad infection
- To characterize the immune response at a cellular and molecular elicited during an ear infection
- To provide a proposed mechanism for immune response generated in Foxp3^{cre}IL-4R α ^{-/lox} male mice during *L. major* infection

2. Material and Methods

2.1 Generation and genotyping of $Foxp3^{cre}IL-4R\alpha^{-/lox}$ mice

T regulatory cell-specific IL-4R α deficient ($Foxp3^{cre}IL-4R\alpha^{-/lox}$) BALB/c mice were generated using the *cre/loxP* system and characterised as previously described [89]. Briefly, $Foxp3^{cre}$ mice were crossed with IL-4R $\alpha^{-/-}$ BALB/c mice [25] and IL-4R $\alpha^{lox/lox}$ BALB/c mice [47] to generate hemizygous $Foxp3^{cre}IL-4R\alpha^{-/lox}$ BALB/c mice. During cutaneous leishmaniasis experiments, the following mice groups were included as controls: IL-4R $\alpha^{-/lox}$ (hemizygous littermate), global IL-4R $\alpha^{-/-}$, wild type BALB/c mice and C57BL/6 mice. All mice were housed in specific-pathogen-free conditions in individually ventilated cages within the Animal Unit Facility of Health Science Faculty, University of Cape Town. All experimental mice were age and sex-matched and used between 8-10 weeks of age. Mice were genotyped using PCR, by Miss Munadia Ansarie (Division of Immunology), to confirm *il-4ra* exons 7-9 were removed (Figure 1) from the genome of $Foxp3^{cre}IL-4R\alpha^{-/lox}$ mice, as previously described [89], using specific primers: Forward 5'-CTG CTT CCT TCA CGA CAT TCA AC-3' and Reverse 5'-AAG TGC TTT GTG CGA GTG GAG AGC-3' (IDT, South Africa).

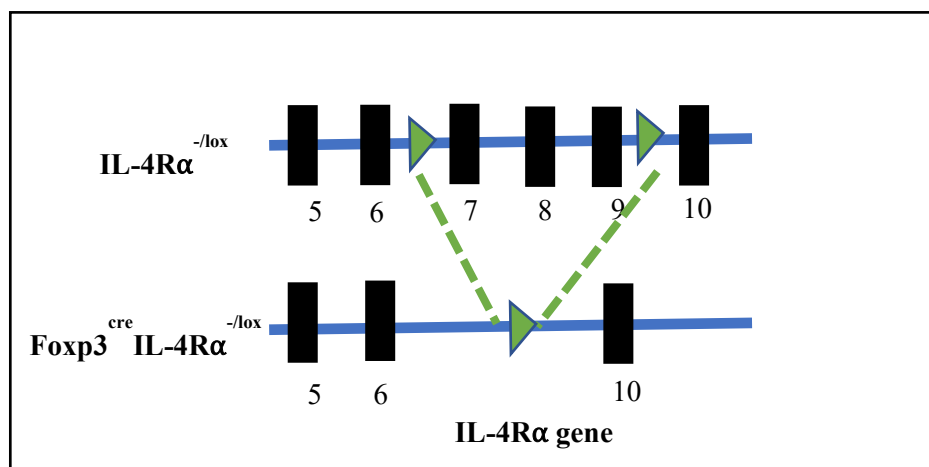


Figure 2.1: Schematic diagram representing the structure of the IL-4R α gene on the *Foxp3* promoter in IL-4R $\alpha^{-/lox}$ and $Foxp3^{cre}IL-4R\alpha^{-/lox}$ mice (Adapted from Abdel Aziz *et al.* 2018 [89])

2.2 Ethics Statement

This study was performed in strict accordance with recommendations of the South African National guidelines. All mice experiments were performed according to protocols approved by the Science Faculty Biological Safety Committee, BSC005_2016 and by the Animal Research Ethics Committee at the Faculty of Health Sciences, University of Cape Town (Permit numbers: 015/034 and 019/001; South African Veterinary Council Authorisation number: AR18/1696). All efforts were made to minimize the suffering of the animals.

2.3 Preparation of *L. major* LV39 parasite culture from frozen stocks

L. major LV39 (MRHO/SV/59/P) parasite stocks were stored in liquid nitrogen. A total of 2×10^8 parasite pellet were stored in a 2 ml cryovial (Corning, USA) containing medium 199 (M199) (Gibco, USA) supplemented with 8% dimethyl sulphoxide (DMSO) (Sigma-Aldrich, USA) and 92% fetal bovine serum (FBS) (ThermoFischer Scientific Pierce, USA). To generate a viable parasite culture, a *L. major* LV39 stock was defrosted at room temperature, resuspended in 8 ml 1x phosphate buffered saline (PBS), pH 7.4, and centrifuged at 23°C for 10 minutes at 3000rpm. The parasite pellet was resuspended in 10 ml 1xPBS and pelleted by centrifugation at 23°C for 10 minutes at 3000rpm. The parasite pellet was resuspended in 5 ml M199 supplemented with 10 % FBS, 50 units/ml penicillin and 50 µg/ml streptavidin (complete M199), transferred to a 25cm³ tissue culture flasks (Corning, USA) and subsequently incubated at 26°C. An equivalent volume of complete M199 was added to the 25cm³ tissue culture flasks once the parasites reached confluency.

L. major in vitro cultures were maintained by subculturing as previously described [25]. Briefly, parasite cultures were maintained by weekly subculturing 1:50 of *L. major* LV39 parasites into new tissue culture flask containing 10 ml complete M199 and incubated at 26°C.

2.4 *L. major* infections

2.4.1 Preparation of *L. major* culture growth curve and preparation for infection in mice

L. major in vitro cultures were subcultured as described above, however in preparation for infection *L. major* LV39 promastigotes were transferred from 25cm³ tissue culture flasks to 50 ml Falcon tube and centrifuged at 4000rpm for 10 minutes at 23°C. The parasite pellet was resuspended and washed twice in 1xPBS, and subsequently centrifuged at 3000rpm for 10 minutes at 23°C. Following resuspension in 3 ml 1xPBS, parasites were fixed in 4%

paraformaldehyde and counted using a Neubauer haemocytometer. To initiate a growth curve 10×10^6 *L. major* promastigotes were transferred into 10 ml of M199 media and incubated at 26°C in a humidified incubator. *L. major in vitro* cultures were counted daily and plotted as an exponential curve.

L. major LV39 parasites were prepared for infection as previously described [25]. Briefly, after 6 days at 26°C, stationary phase *L. major* parasites were centrifuged at 500rpm for 10 minutes at 23°C, to pellet out cell debris and lipids. The parasite solution was then pelleted by centrifugation at 3000rpm for 10 minutes at 23°C and washed twice in 1xPBS. Following resuspension in 1x PBS, the parasites were fixed with 4% paraformaldehyde, counted using a Neubauer haemocytometer and adjusted for infection studies. The concentration of *L. major* promastigotes were adjusted to $2 \times 10^6/50 \mu\text{l}$ of 1xPBS or $1 \times 10^4/10 \mu\text{l}$ 1x PBS for footpad or ear infections respectively. Prior to infection, experimental mice were anaesthetized by intraperitoneal (i.p) injection consisting of 12% ketamine and 8% xylavet made up in 1x PBS at a dose of 10 $\mu\text{l}/\text{gram}$.

2.4.2 *L. major* footpad infection in mice

Anaesthetized mice were subcutaneously injected in the left hind footpad with 2×10^6 stationary phase *L. major* promastigotes in 50 μl of 1xPBS. Disease progression was monitored weekly, by measuring changes in infected footpad swellings using a Mitutoyo micrometer caliper (Brütsch-Rüegger, Switzerland).

To maintain *L. major in vitro* cultures, at 8 weeks post infection mice were sacrificed by halothane inhalation followed by cervical dislocation. 200 μl 1x PBS was aspirated within the mouse infected footpad. An amastigote parasite solution was extracted, and transferred to 15ml Falcon tube containing 2 ml 1x PBS and centrifuged at 3000rpm for 5 minutes at 25°C. The parasite pellet was resuspended in 2 ml M199 media and transferred to a 25cm³ tissue culture flask containing 8 ml M199 media and incubated in 26°C humidified incubator, to allow for efficient replication and differentiation into the promastigote form.

2.4.3 *L. major* ear infection in mice

Alternatively, anaesthetized mice were intradermally injected into the left ear with 1×10^4 stationary phase *L. major* promastigotes in 10 μl of 1x PBS [94]. Disease progression was monitored weekly, by measuring changes in lesion diameter in an infected ear weekly using a

Vernier caliper (Massmart Holdings, South Africa). The mice were monitored daily and the weight of all experimental mice were recorded weekly to assess overall welfare until they reached the experimental endpoint. Mice infected *with L. major* LV39 were sacrificed at 8 weeks post infection.

2.4.4 Isolation of soluble *Leishmania* antigen from *L. major* cultures

Frozen *L. major* LV39 samples prepared from *in vitro* cultures, as described in Section 2.4.3 were thawed at 4°C and centrifuged at 3000rpm for 10 minutes at 4°C. The parasite pellet was resuspended in PBS-containing protease inhibitor cocktail (1:100) (Sigma-Aldrich, USA), to prevent protein degradation. The pellet sample was subsequently sonicated 4 times for 20 second cycles (amplitude 3) and the samples were stored at 4°C between sonication cycles. The suspensions were centrifuged at 8000rpm for 10 minutes at 4°C to pellet debris and the supernatant containing soluble *leishmania* antigen (SLA) was filtered through a 0.22µm filter. The protein concentration of the SLA samples were determined using a bicinchoninic acid protein assay (BCA) (ThermoFischer Scientific Pierce, USA) according to the manufacturer's protocol. The SLA samples were aliquoted in 0.5 ml Eppendorf tubes and stored at -80°C.

2.5 Quantification of *L. major* parasite burden

2.5.1 Limiting Dilution Assay (LDA) to detect viable parasite burden

Following infection of mice with *L. major* LV39 parasites infected footpads, ears, spleens and draining lymph nodes were collected for further analysis. Detection of viable parasite burden was assessed by two-fold limiting dilution assay as previously described [25]. Briefly, footpads and spleens were collected in 2 ml complete M199 media and homogenized in complete M199 media, whilst popliteal and cervical lymph nodes were collected in 1 ml Dulbecco's modified eagle medium (DMEM) (Gibco, USA) supplemented with 10% FBS, 100 units/ml penicillin, 100 µg/ml streptomycin, 0.1% β-mercaptoethanol and 1% HEPES buffer (Lonza, Belgium). The samples were teased through a 40µm filter (Falcon, USA) to create single-cell suspensions in a final volume of 6.4 ml (100 µl = 2⁶ parasites) by adding 5.4 ml complete DMEM. Two-fold serial dilutions from each tissue suspension were prepared in 96-well flat-bottom plates using complete M199 media in a final volume of 100 µl. The plates were incubated for 7 days at 26°C; thereafter each well was observed using an Olympus SC30 and the parasite burden was scored microscopically as being the lowest two-fold dilution (2ⁿ) at which promastigotes were observed.

2.5.2 DNA extraction from *L. major* infected footpad samples

To extract DNA from the infected samples, 800 µl of footpad homogenate was transferred to 1.5 ml Eppendorf tubes and centrifuged at 5000rpm for 10 minutes at 4°C. The pellets, which contain murine and amastigote DNA, were then stored at -80°C until DNA extraction. As a positive control, stationary phase parasite cultures in 1x PBS were transferred to 1.5 ml Eppendorf tubes and centrifuged at 5000rpm for 10 minutes at 4°C. The pellets were stored at -20°C until DNA extraction.

Genomic DNA was isolated from the pellets as previously described [95] with modifications. The pellets were resuspended in 450 µl Saline/EDTA buffer (40mM NaCl and 10mM EDTA, pH 8) and 50 µl of 10% sodium dodecyl sulphate (SDS) was added to solubilise proteins. Following this 20 µl of 20 mg/ml proteinase K was added to digest contaminating nucleases and the Eppendorf tubes were vortexed briefly. Following this the samples were incubated for 2 hours at 56°C to lyse the cells. In order to precipitate out proteins, 225 µl of 5M NaCl was added and the samples were incubated at room temperature for 1 hour. The samples were centrifuged at 10 000rpm for 10 minutes at 4°C. The supernatant was then transferred to fresh 1.5 ml Eppendorf tubes and recentrifuged at 10 000rpm for 10 minutes at 4°C. The supernatant was then transferred to fresh 2 ml Eppendorf tubes, 1ml of ice cold isopropanol was added to each sample, and the samples were incubated overnight at -20°C to precipitate genomic DNA.

After this incubation to pellet the genomic DNA, the samples were centrifuged at 10 000rpm for 20 minutes at 4°C. The pellet was then washed in 1 ml of 70% Ethanol and centrifuged 10000rpm for 20 minutes at 4°C. The pellet was dried at room temperature for 1 hour to allow the excessive 70% Ethanol to evaporate. The pellet was resuspended in 30 µl of TE buffer (10mM Tris, 1mM EDTA, pH 8). The DNA yield for each sample was measured using a nanodrop ND1000 (Thermo Scientific, USA). The quality of DNA was further confirmed by loading 5 µl of sample and 1 µl of Tritrack loading dye (Thermofischer scientific, South Africa) in a 1.5% agarose gel (1.5 g agarose gel in 100 ml 1x Tris-Borate-EDTA buffer containing 5 µl of 10 mg/ml ethidium bromide stock). The gel was allowed to run for 20 minutes at a 100V and bands were visualized under UV light.

2.5.3 Endpoint PCR

To detect *Leishmania* kinetoplast DNA (kDNA) from DNA samples, as prepared in Section 2.5.2, endpoint PCR was performed as previously described [96, 97]. The following JW11/JW12 primers for *Leishmania* kDNA were used to amplify a 120bp fragment: Forward 5'-CCT ATT TTA CAC CAA CCC CCA GT-3' and Reverse 5'-GGG TAG GGGG CGT TCT GCG AAA-3' (IDT, South Africa). Briefly, 5 ng/ μ l extracted gDNA was amplified in a mix containing 0.2 μ M of forward primer, 0.2 μ M reverse primer, 1.5 mM MgCl₂, 0.2mM each deoxynucleotide triphosphate and 0.2 units of Taq DNA polymerase (KAPA Taq PCR Readymix KK1024; KAPA Biosystems, USA) in a 10 μ l final volume. PCR was performed on an XP thermal cycler (Bioer Technology, China) under the following conditions: initial denaturation at 94°C for 4 minutes, followed by 30 cycles (denaturation for 1 min at 94°C, annealing for 30 seconds at 58°C, elongation for 30 seconds at 72°C) and conditions were terminated by a final extension for 10 minutes at 72°C. A volume of 5 μ l from each PCR product was run at 100 volts for 30 minutes on 1.5% [w/v] agarose gel stained with ethidium bromide (5 μ g/ml) in 1x Tris-EDTA buffer. The PCR products were visualised using a Syngene G box and images were captured using Genesnap software (Syngene Synoptics, UK). PCR product images were quantified using ImageJ software (National Institutes of Health, USA). The relative expression levels of amastigote kDNA, from equivalent 5 ng/ μ l DNA isolated from infected samples, was determined as the intensity from each band on the visualized gel normalized to the intensity from pure *L. major* parasite *in vitro* cultures as a positive control.

2.6 Isolation and stimulation of draining lymph node cells

Lymph nodes were isolated and prepared as described in Section 2.5.1. Lymph node cells were centrifuged at 1300rpm for 5 minutes at 4°C and the pellet was resuspended in 3 ml complete DMEM, re-filtered through a 40 μ m filter and the number of viable cells was determined by trypan blue staining using a 1:50 dilution. Cells were made up to 1x10⁷ cells in complete DMEM. The cells were plated at 1x10⁶/ml in 48-well flat-bottom plates (Corning, USA) and left unstimulated or stimulated with 20 μ g/ml plate-bound α -CD3. The plates were placed in a 37°C incubator with 5%CO₂ for 72 hours. Following incubation, the plates were centrifuged at 1300rpm for 5 minutes at 4°C and the supernatants were stored at -20°C until used for detection of cytokines.

2.7 Flow cytometry analysis of lymph node cells

2.7.1 Extracellular surface staining

Lymph node cells were isolated, as described in Section 2.6, seeded at 2×10^6 cells/well from each sample in 96-well v-bottom plates (Nalge Nunc International, USA) and centrifuged at 1500rpm for 5 minutes at 4°C. Following centrifugation, the supernatants were discarded and the pelleted cells were resuspended in 50 µl of antibody surface mix prepared in FACS buffer (0.5% BSA in 1xPBS, pH 7.4) supplemented with 1% heat-inactivated rat serum (iRS) and 10 µg/ml anti-FcγR (2.4G2). The plates were covered in tin foil and incubated for 20 minutes at 4°C. After incubation, 150 µl of FACS buffer was added to each sample to wash out unbound antibodies and the cells were centrifuged at 1200rpm for 5 minutes at 4°C. Following this, the supernatant was discarded and the stained cells were resuspended in 200 µl FACS buffer until acquisition.

2.7.2 Intranuclear staining

In preparation for cytokine staining, 2×10^6 lymph node cells/well were seeded in a 96-well U bottom plate (Nalge Nunc International, USA) and stimulated for 2 hours at 37°C in 10 µl complete DMEM containing 50 ng/ml phorbol myristate acetate (PMA) (Sigma-Aldrich, USA) and 250 ng/ml ionomycin (Sigma-Aldrich, USA); this stimulation was done to enhance intracellular cytokine production [98]. After incubation, 10 µl complete DMEM with 200 µM monensin was added to each sample and the cells were furthered incubated for 4 hours at 37°C; this treatment was performed to block cytokine secretion out of the Golgi apparatus [99]. Following incubation, the re-stimulated cells were transferred to a new V-bottom plate and centrifuged at 1500rpm for 5 minutes at 4°C. The supernatant was discarded gently. T and B cells populations were identified by staining with extracellular antibodies for CD3, CD4, CD8, CD19, PD-1, IL-4Rα (Appendix 1), as described in Section 2.7.1. For intranuclear staining, Anti-mouse/Rat Foxp3 staining set (77-5775) (eBioscience, Thermofischer South Africa) was used as per the manufacturer's protocol with modifications; this allowed for detection of intracellular molecules and intranuclear transcription factors. Briefly following extracellular staining, cells were washed with 150 µl Foxp3 Permeabilization buffer (diluted 1:10 in distilled H₂O) and centrifuged at 1500rpm for 5 minutes at 4°C. The pelleted cells were fixed and permeabilized in 100 µl Fixation-Permeabilization working solution (1 part Fixation/Permeabilization concentrate: 3 parts Fixation/Permeabilization diluent) covered in

tin foil for 30 minutes at 4°C. Cells were centrifuged at 1500rpm for 5 minutes at 4°C and washed twice in 150 µl Foxp3 Permeabilization buffer. Cells were stained with 50 µl of antibody mixes, prepared in Foxp3 Permeabilization buffer supplemented with 2% iRS and 10 µg/ml anti-FcyR, against intracellular IFN-γ, IL-4, IL-13, IL-10, and intranuclear transcription factors: GATA3, T-bet, RoRγt and Foxp3 (Appendix 1). The plates were covered in tin foil and cells were stained for 50 minutes at 4°C. The cells were washed in 150 µl Foxp3 Permeabilization buffer, centrifuged at 1500rpm for 5 minutes at 4°C and subsequently resuspended in 200 µl FACS buffer at 4°C until acquisition.

2.7.3 Intracellular staining

For intracellular staining, lymph node cells were isolated, seeded at 2×10^6 cells/well and dendritic cell populations were identified by staining with surface marker antibodies for CD11c, CD11b, MHC-II, B220, PD-L1 and CD80 (Appendix 1), as described in Section 2.7.1. Following staining, cells were washed with 150 µl FACS buffer and centrifuged at 1500rpm for 5 minutes at 4°C. The cell pellets were then fixed in 200 µl 2% paraformaldehyde for 20 minutes at 4°C. The cells were washed with 200 µl 1xPBS and centrifuged at 1500rpm for 5 minutes at 4°C. The cell pellets were subsequently permeabilized with 200 µl Permeabilization buffer (0.11% CaCl₂, 0.1% saponin, 0.1% BSA, 0.05% NaN₃, 0.0125% MgSO₄, 10mM Hepes in 1xPBS, pH 7.4) for 30 minutes at 4°C. The cells were centrifuged at 1500rpm for 5 minutes at 4°C, followed by intracellular staining with 50 µl per well of anti-mouse IDO (Appendix 1), prepared in Permeabilization buffer supplemented with 2% iRS and 10 µg/ml anti-FcyR, for 50 minutes at 4°C. Biotin-labelled antibodies were detected by staining with 50 µl of Streptavidin conjugated to PE-CF594 (Appendix 1). Cells were then washed with 150 µl Permeabilization buffer, centrifuged at 1500rpm for 5 minutes at 4°C and resuspended in 200 µl FACS buffer at 4°C until acquisition.

Cell acquisition was completed on BD LSRFortessa Machine (BD Biosciences, USA) and data was analysed using FlowJo software v10.5.3 (Treestar, USA).

2.8 Serum collection from blood samples

Following sacrifice, blood samples were collected from each mouse by cardiac puncture using an insulin syringe and transferred to serum separator tubes (BD Bioscience, USA). The samples were centrifuged at 8000rpm at 4°C for 10 minutes and stored at -80°C until further analysis.

2.9 Nitric Oxide Synthase and Arginase activity

Lymph node cells collected and seeded at 2×10^6 cells/ml, as described in section 1.4.3, were stimulated with 10 ng/ml LPS in 37°C incubator with 5%CO₂ for 72 hours. Following incubation, the plates were centrifuged at 1300rpm for 5 minutes at 4°C and the supernatants were collected for quantification of nitrite production as an indication of iNOS activity as previously described [100]. Briefly, a Griess reagent standard (1 mM NaNO₂) was serially diluted 2-fold in DMEM in a 96-well flat-bottom plate and 50 µl of supernatants were added. Following this 25 µl Griess Reagent 1 (1 % sulphanilamide in 2.5% phosphoric acid) was added per well and the plate was incubated for 5 minutes in the dark. An equal volume Griess Reagent 2 (0.1% naphthyl-ethylenediamine in 2.5% phosphoric acid) was added per well and the plate was incubated for 10 minutes in the dark until a pink colour develops across the standard wells. The optical density was measured at 540nm on a VersaMax™ microplate reader using Softmax pro software (Molecular Devices, Germany).

Arginase activity within infected cell lysates was determined as previously described. Briefly, 100 µl 0.1% Triton X-100 per well was used to lyse infected cells. After lysis, 50 µl of lysed cells were transferred to a new 96-well flat-bottom plate and 50 µl Arginase buffer (50 mM Tris-HCl and 10 mM MnCl₂ pH 7.5) was added per well. Arginase activity was then activated by heating for 10 minutes at 55°C. Following incubation, 25 µl of activated lysate and 25µl of 0.5 M arginine pH 9.7 were added in combination and the plate was incubated at 37°C for 1 hour to induce arginine hydrolysis. As a measure of arginase activity, Urea (5 mg/ml) was added and diluted as 2-fold dilution series in distilled H₂O to generate a standard curve. The reaction was stopped by adding 200 µl of H₂SO₄: H₃PO₄: H₂O (1:3:7). Following this 12.5 µl of 9% isonitrosopropiophenone (dissolved in 100% Ethanol) was added and the plates were heated at 100°C for 45 minutes. The optical density was measured at 540nm on a VersaMax™ microplate reader to measure the concentration of urea produced.

2.10 Enzyme-linked Immunosorbent Assay (ELISA) Analysis

2.10.1 Cytokine ELISA

Cytokine secretion in *L. major* infected lymph node supernatants (as prepared in Section 2.6) was detected by sandwich ELISA as previously described [25]. Briefly, 96-well flat bottom plates (Nalge Nunc International, USA) were coated with primary coating antibodies specific for each cytokine of interest (Appendix 2), diluted in carbonate coating buffer (1.5 mM Na₂CO₃, 35 mM NaHCO₃ and 71 mM NaCl, pH 9.5) and incubated at 4°C overnight. The plates were then washed 4 times in washing buffer and blocked with 2% BSA for 2 hours at 37°C. The plates were then washed 4 times in washing buffer and recombinant cytokine standards (Appendix 2) or lymph node supernatants were added in 3-fold serial dilutions and incubated at 4°C overnight. Following overnight incubation, the plates were washed 4 times in washing buffer. Biotinylated secondary anti-mouse antibodies for each cytokine were then added and the plates were incubated at 4°C overnight. The plates were then washed 5 times in washing buffer and streptavidin substrate conjugated with alkaline phosphatase (AP) (1:1000) or horse-radish peroxidase (HRP) (1:5000) was added and incubated for 1 hour at 37°C.

The plates treated with HRP-conjugated streptavidin were incubated with TMB peroxidase substrate (KPL, USA) and the reaction was stopped with 1M H₂PO₄. The optical density was recorded at 450nm-540nm on a VersaMax™ microplate reader. The plates treated with AP-labelled streptavidin were developed by adding 4-Nitrophenyl phosphate (1 mg/ml PNP in AP substrate buffer: 9.7% C₄H₁₁NO₂, 0.02% NaN₃ and 0.8% MgCl₂.6H₂O, pH 9.8) and incubated for 15 minutes at room temperature. Absorbance was recorded on a VersaMax™ microplate reader at 405-492nm.

2.10.2 Antibody ELISA

Antibody response was measured in mouse serum samples collected as described in Section 1.4.4. Antigen-specific IgG1 and IgG2b were measured by indirect ELISA and total IgE was measured by sandwich ELISA as previously described [25]. Briefly, 96 well plates (Nalge Nunc International, USA) were coated with 5 µg/ml *L. major* SLA or 1 µg/ml IgE clone 84.1C (Southern Biotechnology, USA) in PBS coating buffer (pH 9.5) and incubated at 4°C overnight. Following overnight incubation, the wells were washed 4 times in 1x washing buffer and blocked with 2% BSA for 2 hours at 37°C. The plates were washed 4 times and serum

(diluted 1:10 in dilution buffer) was added in a 3-fold dilution series. For Total IgE ELISA plates, 100 ng/ml IgE standard (BD Pharmingen, USA) was added in a 3-fold serial dilution. The plates were then incubated overnight at 4°C. After washing 4 times, alkaline phosphatase-conjugated goat anti-mouse IgG1, IgG2b and IgE secondary antibodies (Southern Biotechnology, USA) were added and the plates were incubated at 4°C overnight. The plates were developed following incubation with PNP substrate as described in Section 1.5.1 and the absorbance was recorded at 405-492nm on a VersaMax™ microplate reader.

2.11 Statistical Analysis

Statistical analyses were performed using Graphpad Prism v6.2 (GraphPad Software, USA). The data were calculated as mean ± Standard error of the mean (SEM). Statistical analysis was calculated using unpaired student t-test (two-tailed with unequal variance) between 2 groups or one-way Analysis of Variance (ANOVA) with a Bonferroni multiple comparison post-hoc test was used to compare more than 2 groups. Differences to IL-4R α ^{-lox} mice were defined as significant (*, $p < 0.05$; **, $p < 0.01$; ***, $p < 0.001$; ****, $p < 0.0001$).

3. Results

3.1 Preparation of *L. major* LV39 parasites for infection

In preparation for infection in experimental mice, *L. major* LV39 promastigotes were cultured at a fixed parasite number and promastigote numbers were counted daily, following fixation in 4% paraformaldehyde (Figure 3.1). During days 2 to 4 post culturing, logarithmic growth was initially observed; following this on day 6 the *L. major* promastigote numbers plateaued as they reached stationary phase (Figure 3.1). Subsequently these stationary-phase *L. major* promastigotes, now at their most virulent infectious stage [101], were prepared for infection.

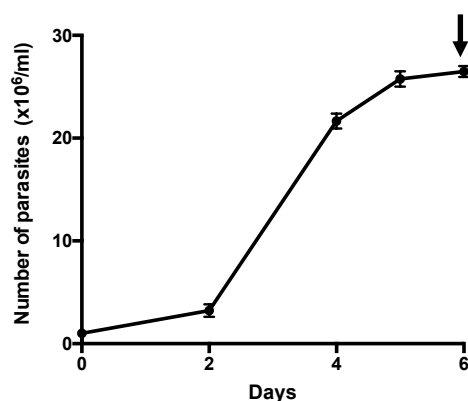


Figure 3.1: Growth curve of *L. major* LV39 promastigotes in preparation for infection. 1×10^6 parasites/ml of complete M199 medium were subcultured into 25cm^3 tissue culture flasks and parasite numbers were counted daily to determine the stationary growth phase (depicted by arrow). Consequently, on day 6 *L. major* LV39 (MRHO/SV/59/P) promastigotes were used for infection. Results are the mean parasite counts \pm SEM from 5 pooled LV39 cultured flasks.

3.2 Differential Cre-mediated deletion of IL-4R α on Foxp3⁺ Treg cells between Foxp3^{cre}IL-4R α ^{-lox} male and female mice is maintained during *L. major* infection

Previous studies have reported that IL-4R α chain is a complex, expressed on an array of cell types including hematopoietic, endothelial, epithelial, hepatocyte and brain tissue [34, 102]. Following *L. major* LV39 infection, surface expression of the IL-4R α chain on various immune cell populations was initially assessed at a protein level by flow cytometry analysis (Figure 3.2 and Figure 3.3). The CD19⁺ B cell and CD4⁺ T cell populations were gated as shown in Supplementary Figure 1. The total IL-4R α expression at an individual cell level was defined as the geometric mean fluorescent intensity (GMFI). In line with trends found in a previous study, CD19⁺ B cell and CD4⁺ Foxp3⁻ T cell populations from Foxp3^{cre}IL-4R α ^{-lox} mice and their littermate controls had comparable IL-R α GMFI expression (Figure 3.2 and Figure 3.3) [89]. The significant reduction in IL-4R α GMFI on CD4⁺ Foxp3⁺ Treg cells observed in IL-

4R α ^{-/-} mice, which are deficient of the IL-4R α chain on all hematopoietic cells [39], corresponded to a similar reduction observed in Fxp3^{cre}IL-4R α ^{-/lox} male and female mice (Figure 3.2 and Figure 3.3), indicating successful depletion of the IL-4R α chain within CD4⁺ Fxp3⁺ Treg cells within both mice strains.

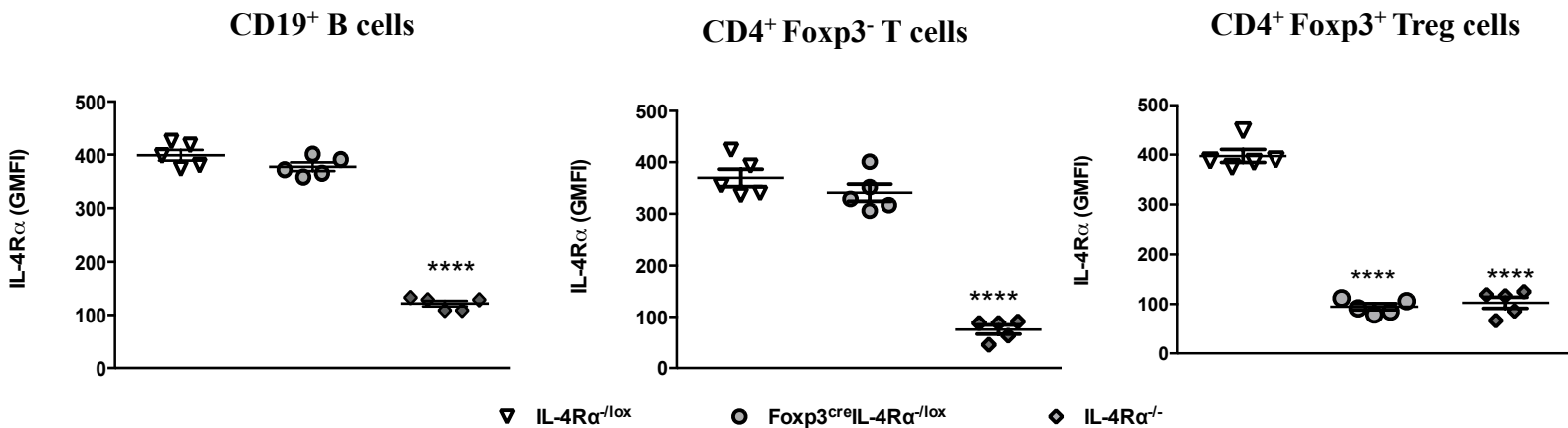


Figure 3.2: Efficient deletion of the IL-4R α chain on T regulatory cells is maintained within Fxp3^{cre}IL-4R α ^{-/lox} male mice during *L. major* infection. Experimental male mice were subcutaneously infected with 2x10⁶ stationary phase *L. major* LV39 promastigotes into the left hind footpad. At 8 weeks post infection, geometric mean fluorescent intensity (GMFI) of IL-4R α expression was determined by flow cytometry analysis from the popliteal lymph nodes of *L. major* infected IL-4R α ^{-/lox}, Fxp3^{cre}IL-4R α ^{-/lox} and IL-4R α ^{-/-} male mice. B cells were CD19⁺CD3⁻, non-Treg T cells were CD4⁺Fxp3⁻ and Treg cells were CD4⁺Fxp3⁺. Results are representative of two independent experiments with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R α ^{-/lox} mice (*, p \leq 0.05; **, p \leq 0.01; ***, p \leq 0.001, **** p \leq 0.0001).

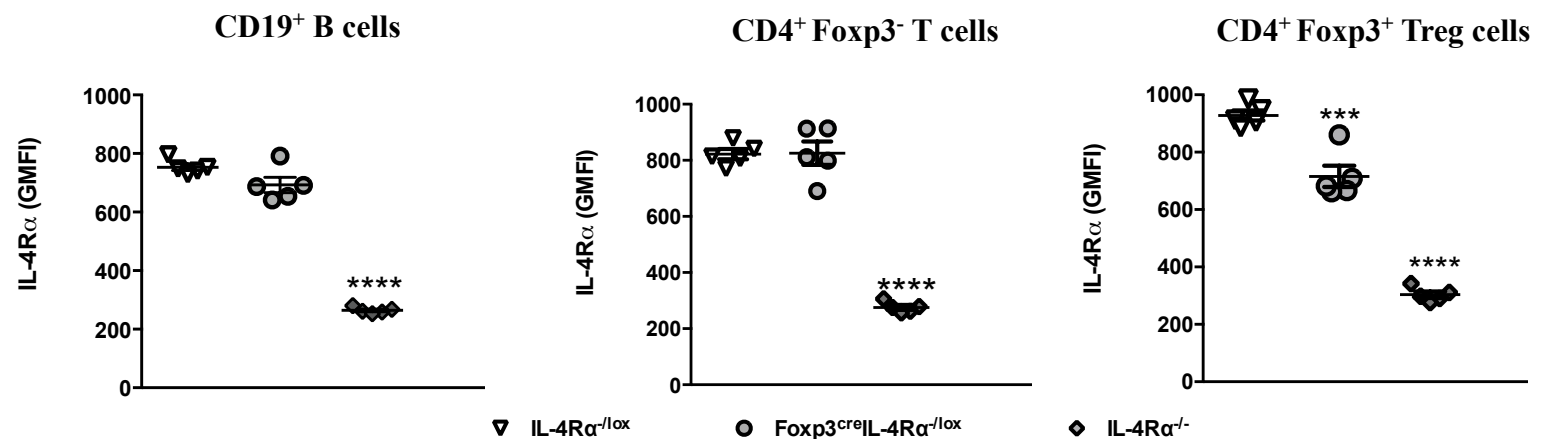


Figure 3.3: Deletion of the IL-4R α chain is specific to T regulatory cells in *L. major* infected Fxp3^{cre}IL-4R α ^{-/lox} female mice. Experimental male mice were subcutaneously infected with 2x10⁶ stationary phase *L. major* LV39 promastigotes into the left hind footpad. At 8 weeks post infection, geometric mean fluorescent intensity (GMFI) of IL-4R α expression was determined by flow cytometry analysis from the popliteal lymph nodes of *L. major* infected IL-4R α ^{-/lox}, Fxp3^{cre}IL-4R α ^{-/lox} and IL-4R α ^{-/-} female mice. B cells were CD19⁺CD3⁻, non-Treg T cells were CD4⁺Fxp3⁻ and Treg cells were CD4⁺Fxp3⁺. Results are representative of two independent experiments with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R α ^{-/lox} mice (*, p \leq 0.05; **, p \leq 0.01; ***, p \leq 0.001, **** p \leq 0.0001).

A previous study had reported that at naïve level, in the spleen and mesenteric lymph node (MLN), a difference in deletion efficiency of IL-4R α chain on CD4⁺ Foxp3⁺ Treg cells was noted between Foxp3^{cre}IL-4R α ^{-/lox} male mice and female mice [89]. To assess whether the deletion efficiencies were maintained during *L. major* infection, popliteal lymph nodes were isolated from *L. major* infected male and female mice following 8 weeks of infection and the deletion efficiency was quantified using a previously derived formula [89]. The deletion efficiency of the IL-4R α chain in CD4⁺ Foxp3⁺ Treg cells was significantly reduced in Foxp3^{cre}IL-4R α ^{-/lox} female mice (Average Efficiency of deletion(Ed) = 32,48%) compared to Foxp3^{cre}IL-4R α ^{-/lox} male mice (Ed=102,73%). Collectively, these data suggest that the Cre-mediated deletion of IL-4R α signalling is specific to the CD4⁺ Foxp3⁺ Treg cell population and that the differential deletion efficiency observed between Foxp3^{cre}IL-4R α ^{-/lox} male and female mice is conserved during *L. major* LV39 infection.

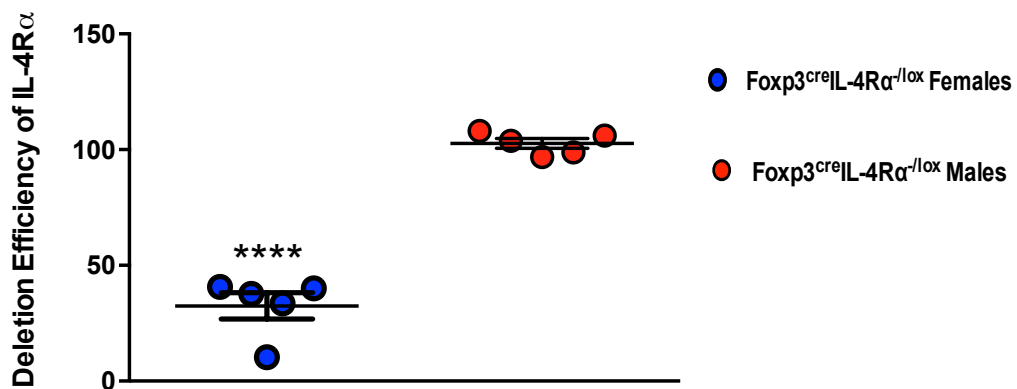


Figure 3.4: Differential Cre-mediated deletion of the IL-4R α chain on Foxp3⁺ Treg cells between female and male Foxp3^{cre}IL-4R α ^{-/lox} mice is conserved during *L. major* infection. Experimental mice were subcutaneously infected with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. At 8 weeks post infection, the deletion efficiency of the IL-4R α chain on CD4⁺Foxp3⁺ Treg cells was calculated in the popliteal lymph nodes of *L. major* infected female and male Foxp3^{cre}IL-4R α ^{-/lox} mice. Results are representative of two independent experiments with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to Foxp3^{cre}IL-4R α ^{-/lox} male mice (*, $p \leq 0.05$; **, $p \leq 0.01$; ***, $p \leq 0.001$, **** $p \leq 0.0001$).

3.3 $\text{Foxp3}^{\text{IL-4R}\alpha^{-/\text{lox}}}$ BALB/c male mice are hypersusceptible to *L. major* during footpad infection

3.3.1 Characterization of the clinical phenotype observed during *L. major* LV39 infection

In order to investigate the role of IL-4R α signalling on Foxp3⁺ Treg cells during cutaneous leishmaniasis, experimental mice were infected subcutaneously in the left hind footpad with 2x10⁶ stationary phase *L. major* promastigotes. Footpad swellings were measured weekly over as an indication of disease progression (Figure 3.5, A-B). Similar to previous studies, susceptible IL-4R $\alpha^{-/\text{lox}}$ littermate control female and male mice developed enhanced footpad swellings during the course of *L. major* LV39 infection (Figure 3.5, A-B) [47, 59]. Notably, Foxp3^{cre}IL-4R $\alpha^{-/\text{lox}}$ BALB/c female mice developed enhanced footpad swellings, similar to their littermate control (IL-4R $\alpha^{-/\text{lox}}$) (Figure 3.5A), which correlated with similar parasite burdens in infected footpads (Figure 3.6A), draining popliteal lymph nodes (Figure 3.6B) and spleens (Figure 3.6C). The PCR products of *Leishmania* amastigote kDNA isolated from infected footpad samples were electrophoresed on a 1.5% agarose gel and visualized by UV illumination using a Syngene G box (Supplementary Figure 2). Similar to the results observed during LDA parasite burdens, no significant difference was identified in the relative amastigote kDNA expression levels between Foxp3^{cre}IL-4R $\alpha^{-/\text{lox}}$ female footpad samples and their littermate controls (Figure 3.7A).

In contrast, Foxp3^{cre}IL-4R $\alpha^{-/\text{lox}}$ BALB/c male mice developed significantly larger footpad swellings and early necrosis was noted for a greater number of mice, in comparison to their littermate controls during *L. major* infection (Figure 3.5B). This increased disease progression observed in *L. major* infected Foxp3^{cre}IL-4R $\alpha^{-/\text{lox}}$ BALB/c male mice was associated with significantly greater parasite burdens in infected footpads (Figure 3.6D), lymph nodes (Figure 3.6E) and enhanced parasite dissemination to the spleen (Figure 3.6F). The significantly enhanced relative amastigote kDNA expression levels of Foxp3^{cre}IL-4R $\alpha^{-/\text{lox}}$ male footpad samples (Figure 3.7B), provided further evidence of increased parasite loads at the site of infection. In line with previous studies [25, 59], resistant C57BL/6 female and male mice were able to resolve lesion development during the 8 week *L. major* LV39 infection period (Figure 3.5, A-B); accompanied with significantly lower parasite burdens in the infected footpads, lymph nodes and spleens (Figure 3.6, A-F). Collectively, these results suggest that the greater

efficiency of deletion of the IL-4R α chain on Treg cells, the more susceptible Foxp3^{cre}IL-4R α ^{-lox} mice strain appeared to be to *L. major* infection; thus suggesting that IL-4R α signalling on T reg cells provides a protective role to control against *L. major* disease progression.

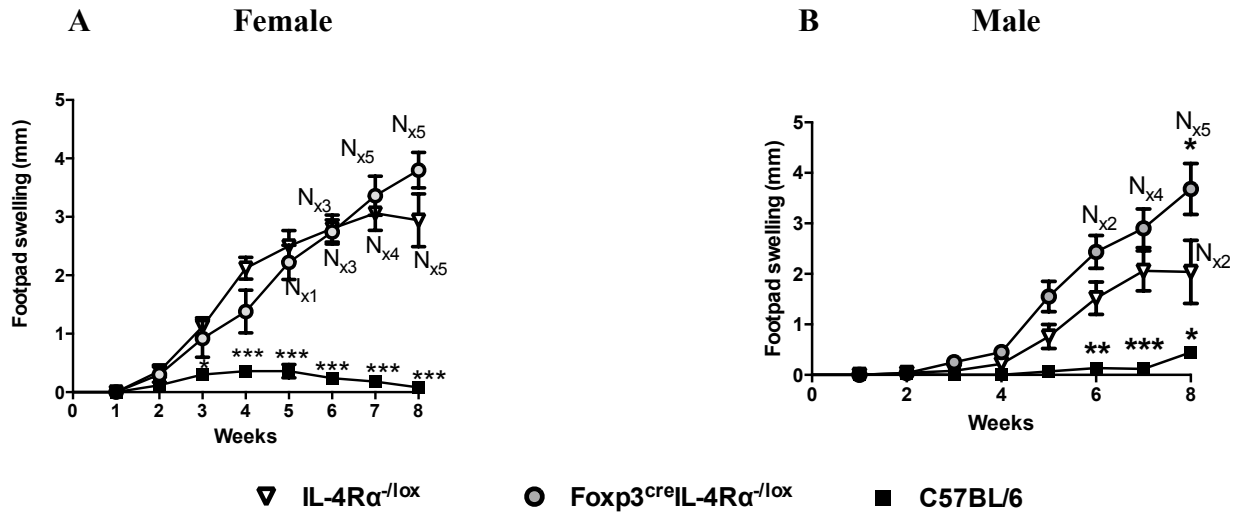


Figure 3.5: The absence of IL-4R α signalling on T regulatory cells renders Foxp3^{cre}IL-4R α ^{-lox} male mice hypersusceptible to *L. major* infection; while Foxp3^{cre}IL-4R α ^{-lox} female mice remain as susceptible as their littermate control. Experimental mice were subcutaneously infected with 2x10⁶ stationary phase *L. major* LV39 promastigotes into the left hind footpad. Changes in diameter at the site of infection was measured weekly as footpad swelling (mm). Footpad swelling for female (A) and male mice (B) was measured over an 8 week period. Necrosis is indicated by “N” per number of mice in which it was observed. Results are representative of two independent experiments with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R α ^{-lox} mice (*, p \leq 0.05; **, p \leq 0.01; ***, p \leq 0.001).

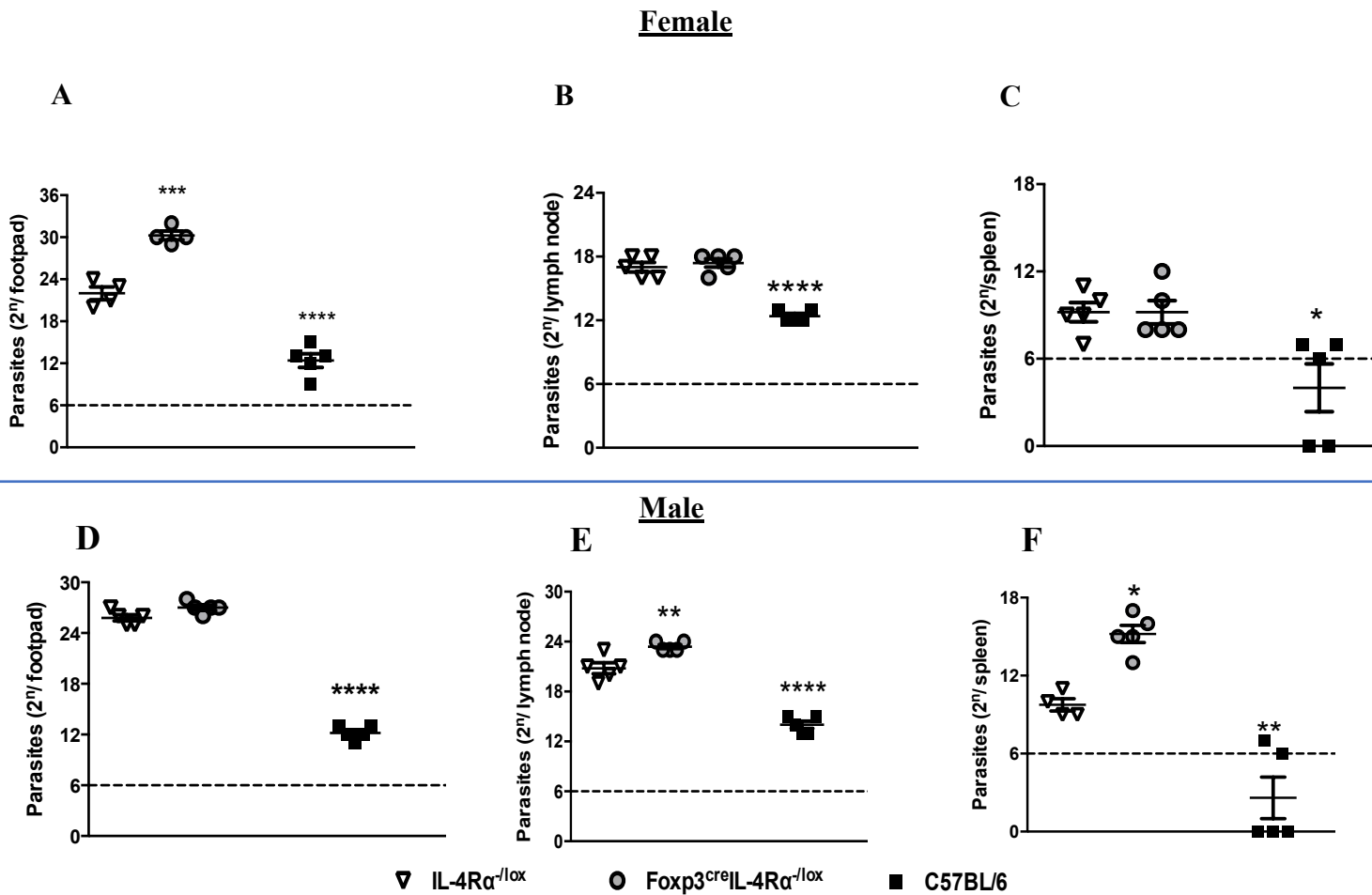


Figure 3.6: The *L. major* parasite burdens are significantly increased in Foxp3^{cre}IL-4R $\alpha^{-/lox}$ male mice. Experimental mice were subcutaneously infected with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. The parasite burden (2^n) within female mice footpads (A), lymph nodes (B) and spleens (C) at week 8 post infection with *L. major* was determined by limiting dilution assays. Similarly, limiting dilution assays were used to determine parasite burden within male mice footpads (D), lymph nodes (E) and spleens (F). The limit of detection (2^6) is indicated as a dashed line. Results are representative of two independent experiments with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R $\alpha^{-/lox}$ mice (*, $p \leq 0.05$; **, $p \leq 0.01$; ***, $p \leq 0.001$; ****, $p \leq 0.0001$).

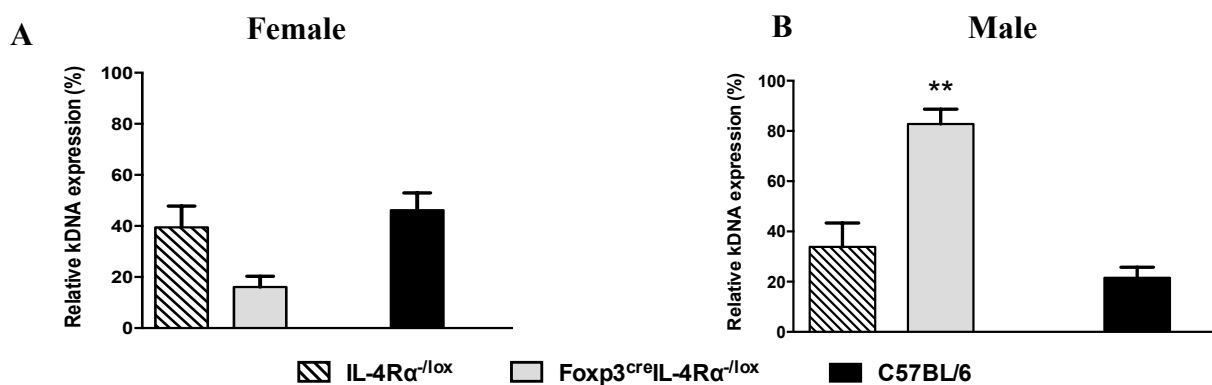


Figure 3.7: The *L. major* parasite loads are significantly increased in Foxp3^{cre}IL-4R $\alpha^{-/lox}$ male mice. Experimental mice were subcutaneously infected with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. At 8 weeks post *L. major* infection the relative amastigote kinetoplast DNA from DNA samples extracted from female (A) and (B) male homogenized footpads, were quantified by densitometry using ImageJ software. The relative expression levels were normalized to *L. major in vitro* cultures. Results are representative of one independent experiment with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R $\alpha^{-/lox}$ mice (*, $p \leq 0.05$; **, $p \leq 0.01$).

3.3.2 Immunological responses observed at the cellular level

As $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ male mice showed greater *L. major* parasite dissemination, indicative of enhanced susceptibility during *L. major* LV39 infection, we sought to assess the recruitment of cells in the isolated draining lymph nodes. At 8 weeks post infection, the total number of lymph node cells were comparable between the three mice strains (Figure 3.8). ($\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$, $\text{IL-4R}\alpha^{-/\text{lox}}$ littermate control and C57BL/6 resistant control mice).

Previous studies have elucidated that mechanisms employed by Treg cells to modulate the host immune response involve cytokine production [61, 74]. Given this, we sought to determine the effect on Treg cell population cytokine levels following the deletion of $\text{IL-4R}\alpha$ signalling on Foxp3^+ Treg cells. The intracellular cytokine staining and gating of Foxp3^+ Treg cell population by flow cytometry (Supplementary Figure 3), allowed for the frequency of Foxp3^+ Treg cells and their cytokine activity within the infected popliteal lymph nodes to be determined. Following *L. major* infection, the frequency of $\text{CD4}^+\text{Foxp3}^+$ Treg cells infiltrating the draining lymph nodes was significantly increased in $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ male mice in comparison to $\text{IL-4R}\alpha^{-/\text{lox}}$ male mice (Figure 3.9A). $\text{CD4}^+\text{Foxp3}^+$ Treg cell cytokine production revealed similar levels of $\text{IFN-}\gamma$ expression between $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ male mice and their littermate control (Figure 3.9B). In contrast, the frequencies of IL-4, IL-10, and IL-13 $\text{CD4}^+\text{Foxp3}^+$ Treg cells were significantly increased in $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ male mice compared to littermate mice (Figure 3.9C, Figure 3.9D and Figure 3.9E). Infected C57BL/6 mice displayed lower frequencies of these Type 2 cytokine producing Treg cells (Figure 3.9C, Figure 3.9D and Figure 3.9E). Collectively, these results suggest that despite the inability of IL-4 and IL-13 to signal to these Treg cells, the deletion of $\text{IL-4R}\alpha$ chain within this cell population favours enhanced $\text{CD4}^+\text{Foxp3}^+$ Treg cell recruitment and increased Treg-specific Type 2 cytokine production.

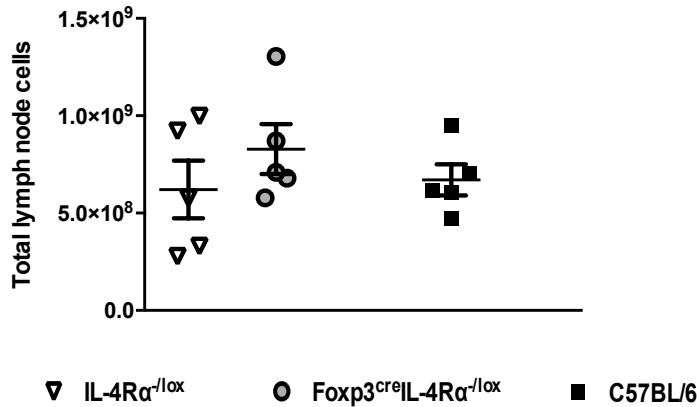


Figure 3.8: Total cells in the lymph node of *L. major* infected male mice. Experimental male mice were subcutaneously infected with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. The total number of cells within the popliteal lymph node were quantified following an 8-week *L. major* infection of experimental male mice in the left hind footpad. Results are representative of two independent experiments with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R $\alpha^{-/-}$ mice (*, $p \leq 0.05$).

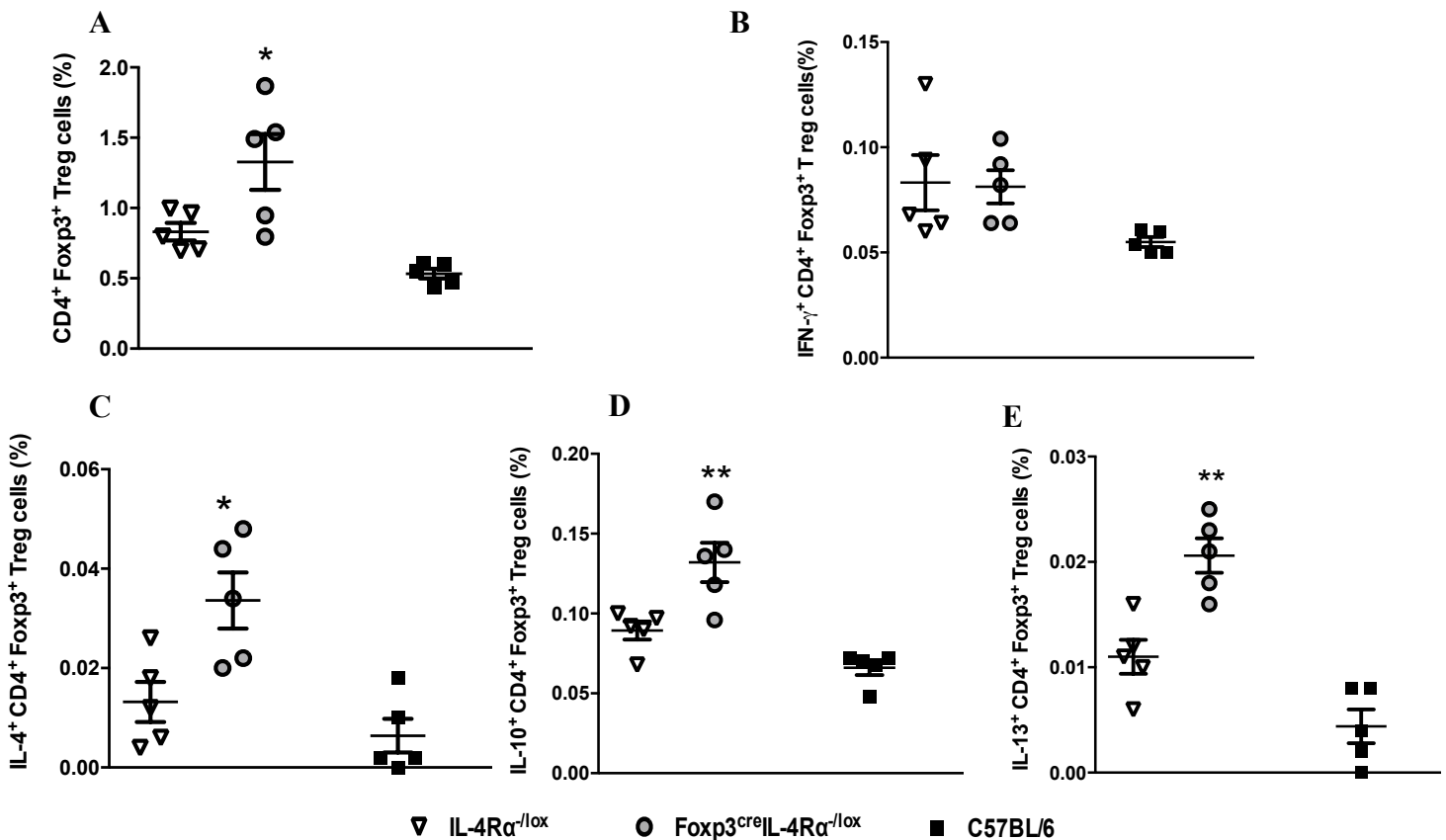


Figure 3.9: Depletion of IL-4R α signalling on Foxp3 $^+$ Treg cells alters Treg cell frequency and activity. Experimental male mice were subcutaneously infected in the left hind footpad with 2×10^6 stationary phase *L. major* LV39 promastigotes for 8 weeks. The frequency of CD4 $^+$ Foxp3 $^+$ T regulatory cells within the popliteal lymph nodes (A) were assessed by flow cytometry analysis. The frequency of CD4 $^+$ Foxp3 $^+$ Treg cells producing IFN- γ (B), IL-4 (C), IL-13 (D) and IL-10 (E) were determined by flow cytometry analysis. Results are representative of two independent experiments with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R $\alpha^{-/-}$ mice (*, $p \leq 0.05$).

3.3.3 Immunological responses observed at the molecular level

The activation of a Type 2 immune response has been associated with increased susceptibility to *L. major* induced cutaneous leishmaniasis, while induction of Type 1 immune response provides the host with protection against *L. major* infection [9, 11]. In order to determine whether the hypersusceptible phenotype observed in $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ male was associated with an altered immune response, the cytokine and humoral Type 1 or Type 2 immune responses were assessed following *L. major* infection. Cytokine production was measured within infected supernatants following T cell mitogenic (anti-CD3) re-stimulation of total lymph node cells at 8 weeks post infection [25]. Similar concentrations of IFN- γ were secreted between $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ mice and their littermate control $\text{IL-4R}\alpha^{-/\text{lox}}$ mice (Figure 3.10A); while resistant C57BL/6 mice, similar to previous studies, secreted significantly higher levels of this Type 1 cytokine [21, 25]. In contrast, the levels of Type 2 cytokine IL-4 were significantly higher in $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ mice compared to their littermate controls (Figure 3.10B). Due to the suppressive activity of CD25⁺ Treg cells being attributed to the secretion of IL-10 and TGF- β [103], and the contribution of IL-10 towards the activation of a Type 2 immune response [104], the concentrations of these cytokines were measured. The levels of IL-10 and TGF- β secretion were found to be 2.5 fold greater in the $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ mice relative to littermate controls (Figure 3.10, C-D). Thus, the deletion of IL-4R α signalling on Treg cells resulted in the elevated production of Type 2 cytokines (IL-4, IL-10) and cytokines associated with increased Treg cell suppression (IL-10 and TGF- β), while Type 1 cytokine secretion (IFN- γ) remained unaltered.

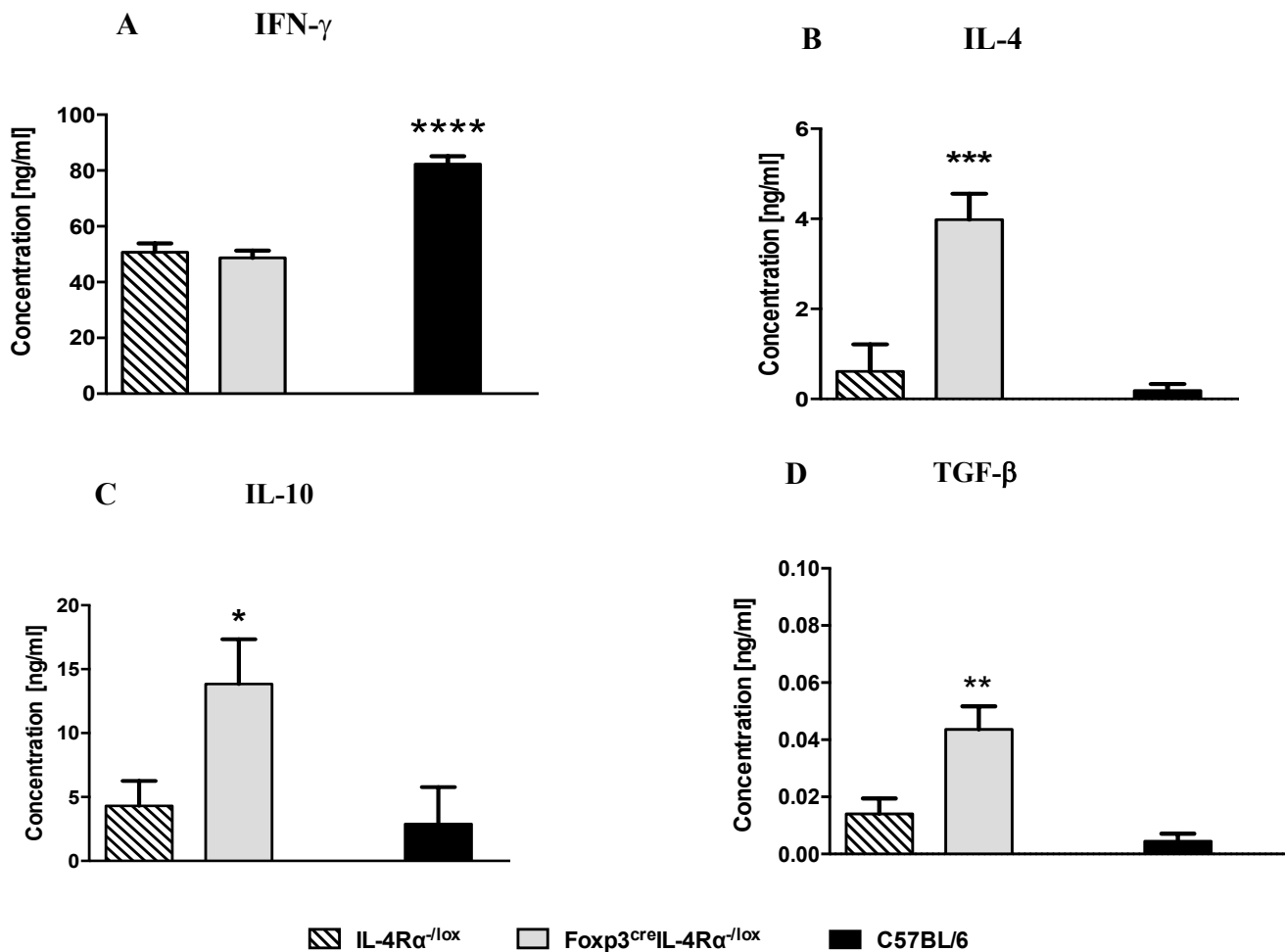


Figure 3.10: Enhanced Type 2 cytokine secretion occurs in Foxp3^{cre}IL-4R α^{-lox} mice following *L. major* LV39 infection in the footpad. Experimental male mice were subcutaneously infected in the left hind footpad with 2×10^6 stationary phase *L. major* LV39 promastigotes. At 8 weeks post infection, popliteal lymph node cells were re-stimulated for 72 hours with anti-CD3. IFN- γ (A), IL-4 (B), IL-10 (C) and TGF- β (D) cytokine production within lymph node cell supernatants was measured by cytokine ELISA. Results are representative of two independent experiments with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R α^{-lox} mice (*, $p \leq 0.05$; **, $p \leq 0.01$; ***, $p \leq 0.001$).

The observed shift towards the activation of a Type 2 immune response in Foxp3^{cre}IL-4R α^{-lox} mice was further evaluated by assessing the antibody responses within serum samples following 8 weeks of *L. major* infection. The sera of C57BL/6 mice displayed lower levels of Type 1 antibodies (antigen-specific IgG2b) and Type 2 antibodies (antigen-specific IgG1 and Total IgE) (Figure 3.11, A-C), similar to previous results, as by 8 weeks post infection C57BL/6 mice had healed from *L. major* infection [25]. In contrast, Foxp3^{cre}IL-4R α^{-lox} mice displayed significantly elevated concentrations of total IgE (Figure 3.11C), indicating augmentation towards a Type 2 humoral response, however antigen-specific IgG1 levels were similar in comparison to littermate control IL-4R α^{-lox} mice (Figure 3.11B). Therefore, the deletion of IL-4R α signalling on Treg cells resulted in isotype switching in B cells, leading to elevated total IgE production.

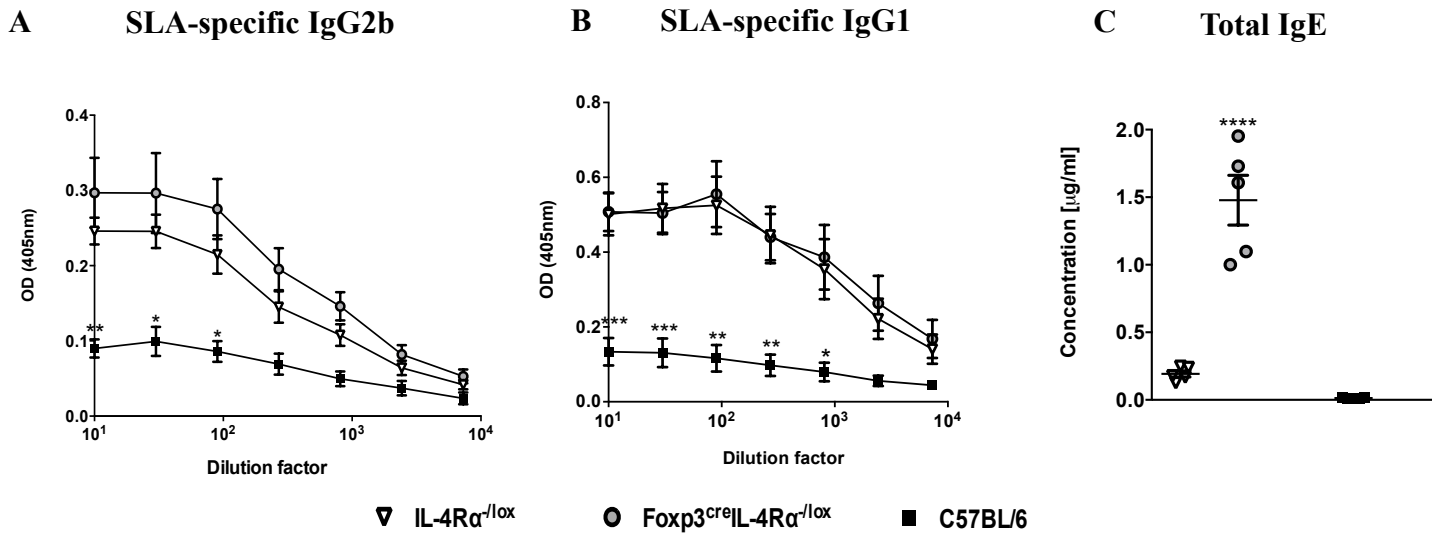


Figure 3.11: Foxp3^{cre}IL-4R $\alpha^{-/lox}$ male mice display an elevated Type 2 humoral response following *L. major* LV39 footpad infection. Experimental male mice were subcutaneously infected in the left hind footpad with 2×10^6 stationary phase *L. major* LV39 promastigotes. At 8 weeks post infection *L. major* antigen-specific IgG2b (A), IgG1 (B), and total IgE (C) antibody production within infected sera were quantified by ELISA. Results are representative of two independent experiments with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R $\alpha^{-/lox}$ mice (*, $p \leq 0.05$; **, $p \leq 0.01$; ***, $p \leq 0.001$, **** $p \leq 0.0001$).

The augmentation towards a Type 2 immune response within Foxp3^{cre}IL-4R $\alpha^{-/lox}$ mice during *L. major* infection, was further evaluated through the production of nitrite and urea. Previous studies have shown that iNOS mediated nitrite production by M1 macrophages induces a Type 1 killer-effector mechanism that eliminates *L. major* parasites; in contrast M2 macrophage secretion of Arg1 resulted in urea production that induces a Type 2 immune response that sustains *L. major* parasite persistence [24]. The expression of these enzymes from M1 and M2 macrophages was determined by iNOS and arginase assays executed on LPS stimulated lymph nodes. At 8 weeks post infection, similar levels of nitrite production (Figure 3.12A) were observed between Foxp3^{cre}IL-4R $\alpha^{-/lox}$ male mice in comparison to littermate control IL-4R $\alpha^{-/lox}$ mice. Notably, a significant increase in urea production (Figure 3.12B) was observed in Foxp3^{cre}IL-4R $\alpha^{-/lox}$ male mice, indicating that deletion of IL-4R α signalling on Treg cells leading to an increase in M2 macrophage Arg1 activity associated with activation of a Type 2 immune response, which may have contributed to sustained *L. major* parasite persistence.

Collectively, these results demonstrated that $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ mice display preferential activation of a Type 2 immune response which accounted for sustained *L. major* parasite replication and led to the hypersusceptible phenotype observed following subcutaneous infection in the footpad.

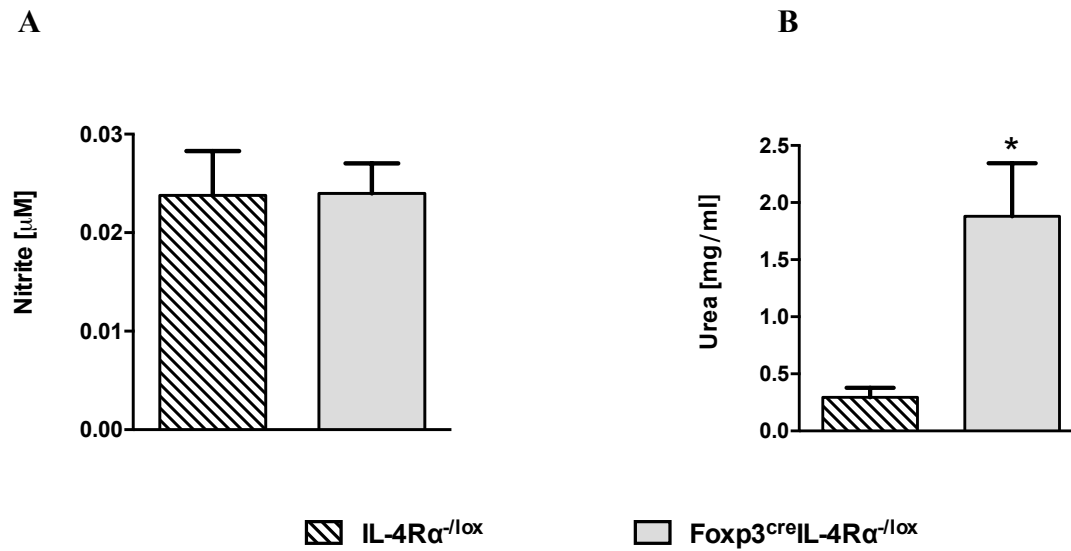


Figure 3.12: $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ male mice display modulated killer-effector functions following *L. major* LV39 footpad infection. Experimental male mice were subcutaneously infected in the left hind footpad with 2×10^6 stationary phase *L. major* LV39 promastigotes. At 8 weeks post infection lymph node cells were re-stimulated with 10 ng/ml LPS for 72 hours. Nitrite production (A) in cell supernatants were measured by Griess assay and urea production (B) in cell lysates were measured by Arginase activity assay. Results are representative of one independent experiment with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to $\text{IL-4R}\alpha^{-/\text{lox}}$ mice (*, $p \leq 0.05$).

3.4 An alternative infection route results in a similar disease outcome following *L. major* infection in experimental mice

3.4.1 Deletion of IL-4R α signalling on T regulatory cells renders BALB/c male mice similarly hypersusceptible following inoculation of *L. major* parasites in the ear

Previous studies in murine models have provided significant evidence that suggests that alternative routes of *L. major* infection may lead to differential immune response outcomes [94, 105]. Initially, the high parasite dose (10^5 - 10^7) subcutaneous inoculation of the footpad was used to examine response to *L. major* infection. However recent studies have established that the intradermal infection of the pinna of the ear with a lower dose of parasites (10^2 - 10^4) provides a more physiologically relevant infection model, as it mimics the low dose inoculation that occurs at the dermal site by an infected sandfly during natural transmission [94, 106]. To determine whether using an alternative route of infection and parasite dose would alter the observed phenotype and associated immune responses of Foxp3^{cre}IL-4R α ^{-/lox} mice, experimental mice were intradermally inoculated with 1×10^4 *L. major* promastigotes in the left ear. Similar to previous studies [42, 107], C57BL6 mice had significantly reduced ear swellings (Figure 3.13A) accompanied with reduced parasite burdens in the ears (Figure 3.13B) and cervical lymph nodes (Figure 3.13C), in comparison to IL-4R α ^{-/lox} mice, following *L. major* LV39 infection. Notably during intradermal *L. major* ear inoculation Foxp3^{cre}IL-4R α ^{-/lox} male mice developed significantly increased ear swellings and greater parasite burdens were observed in the ear and cervical lymph node, compared to littermate control IL-4R α ^{-/lox} male mice (Figure 3.13, A-C). These data suggest that similar to the hypersusceptible phenotype observed using the subcutaneous route of infection in the footpad, intradermal ear inoculation of *L. major* promastigotes led to enhanced disease progression in Foxp3^{cre}IL-4R α ^{-/lox} male mice.

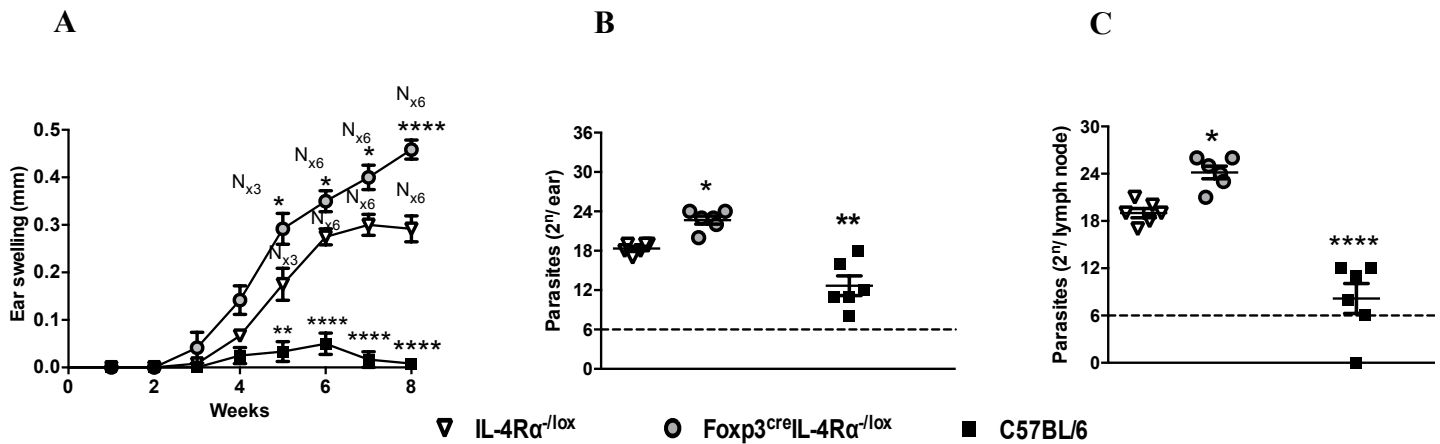


Figure 3.13: Foxp3^{cre}IL-4Rα^{-/-lox} male mice following *L. major* LV39 ear inoculation display a hypersusceptible phenotype. Experimental male mice were intradermally inoculated in the left ear with 1x10⁴ stationary phase *L. major* LV39 promastigotes. Changes in diameter at the site of infection was measured weekly as ear swelling (mm) (A). Necrosis is indicated by “N” per number of mice in which it was observed. At 8 weeks post infection, the parasite burden (2ⁿ) within infected ears (B) and lymph nodes (C) was determined by limiting dilution assay. The limit of detection (2ⁿ) is indicated as a dashed line. Results are representative of one independent experiment with 6 mice per group expressed as mean±SEM. Statistical significance was determined in comparison to IL-4Rα^{-/-lox} mice (*, p≤0.05; **, p≤0.01; ***, p≤0.001, **** p≤0.0001).

3.4.2 Cytokine and antibody responses elicited in Foxp3^{cre}IL-4Rα^{-/-lox} male mice during *L. major* ear infection

Following 8 weeks of *L. major* infection, cytokine production within infected lymph node supernatants and antibody titres from sera samples were measured by ELISA. Although statistical significance was not observed, the biological concentrations of Type 2 cytokines IL-4 (Figure 3.14A) and IL-10 (Figure 3.14B) were greater in Foxp3^{cre}IL-4Rα^{-/-lox} male mice compared to littermate control IL-4Rα^{-/-lox} mice following intradermal ear infection. Similar to antibody titre production observed during subcutaneous footpad infection (Figure 3.11C), Foxp3^{cre}IL-4Rα^{-/-lox} male mice produced significantly greater total IgE levels (Figure 3.14C) in comparison to littermate control IL-4Rα^{-/-lox} mice. Collectively, these data suggest that despite changing the route of infection, the intradermal infection route in the ear results in a similar shift towards a Type 2 immune response and enhanced disease progression in Foxp3^{cre}IL-4Rα^{-/-lox} mice.

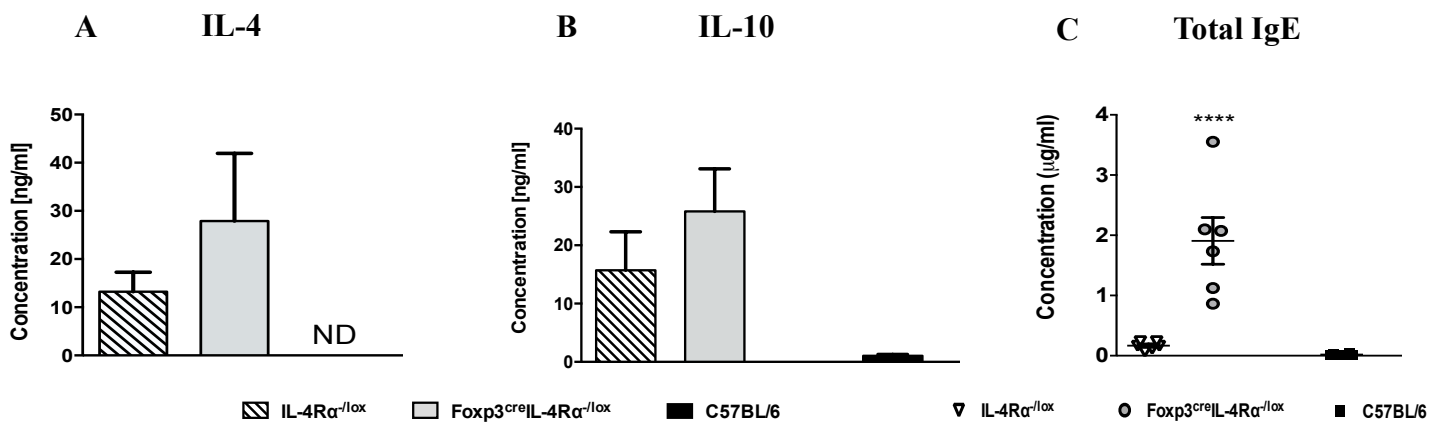


Figure 3.14: Similar Type 2 immunity is enhanced in Foxp3^{cre}IL-4Rα^{-/-lox} male mice following ear inoculation with *L. major* LV39 promastigotes. Experimental male mice were intradermally inoculated in the left ear with 1×10^4 stationary phase *L. major* LV39 promastigotes. At 8 weeks post infection, cervical lymph node cells were re-stimulated for 72 hours with anti-CD3. The production of IL-4 (A) and IL-10 (B) within lymph node cell supernatants were measured by ELISA. At 8 weeks post infection total IgE (C) antibody production within infected sera were quantified by ELISA. Results are representative of one independent experiment with 6 mice per group expressed as mean±SEM. Statistical significance was determined in comparison to IL-4Rα^{-/-lox} mice (*, $p \leq 0.05$; **, $p \leq 0.01$; ***, $p \leq 0.001$, **** $p \leq 0.0001$).

3.5 Proposed mechanism in hypersusceptible *L. major*-infected Foxp3^{cre}IL-4R α ^{-lox} male mice

3.5.1 Enhanced IDO expression from dendritic cells is found in *L. major*-infected Foxp3^{cre}IL-4R α ^{-lox} male mice

Previous studies have found that *L. major* parasites enhance the expression of an Indoleamine 2,3 dioxygenase (IDO) from dendritic cells to allow for successful replication within the infected host [108, 109]. IDO expression has further been shown to activate Treg cell activity by cell-mediated interactions via the B7 (CD80/86)/CTLA-4 or PD-L1/PD-1 pathways [110, 111]. Given the increased parasite burdens observed in *L. major*-infected Foxp3^{cre}IL-4R α ^{-lox} male mice (Figures 3.6, D-F, Figure 3.7B and Figure 3.13, B-C), we decided to examine whether elevated IDO expression contributed to the hypersusceptible phenotype observed in this model. The gating of various dendritic cell subpopulations by flow cytometry allowed for the expression of IDO, PD-L1 and CD80 to be assessed at a protein level (Supplementary Figure 4). Under naïve conditions, conventional dendritic cells (cDCs) and plasmacytoid dendritic cells (pDCs) within popliteal lymph nodes from Foxp3^{cre}IL-4R α ^{-lox} male mice and their L-4R α ^{-lox} littermate control had comparable levels of IDO GMFI expression (Supplementary Figure 5, A-B). Similarly, there were no differences in frequencies of IDO⁺, PD-L1⁺, CD80⁺ cDCs and IDO⁺, PD-L1⁺, CD80⁺ pDCs within popliteal lymph nodes from Foxp3^{cre}IL-4R α ^{-lox} male mice and their littermate controls (Supplementary Figure 5C). Following 8 weeks of *L. major* infection, cDCs and pDCs with popliteal lymph nodes from Foxp3^{cre}IL-4R α ^{-lox} male mice showed significantly elevated IDO expression compared to L-4R α ^{-lox} littermate control mice (Figure 3.15, A-B). The frequencies of IDO⁺, PD-L1⁺, CD80⁺ cDCs and IDO⁺, PD-L1⁺, CD80⁺ pDCs infiltrating the draining lymph nodes was significantly higher in Foxp3^{cre}IL-4R α ^{-lox} male mice in comparison to IL-4R α ^{-lox} male mice (Figure 3.15C). These results suggest that within Foxp3^{cre}IL-4R α ^{-lox} male IDO expressing dendritic cells are activated and concomitantly PD-L1 and CD80 molecules are engaged.

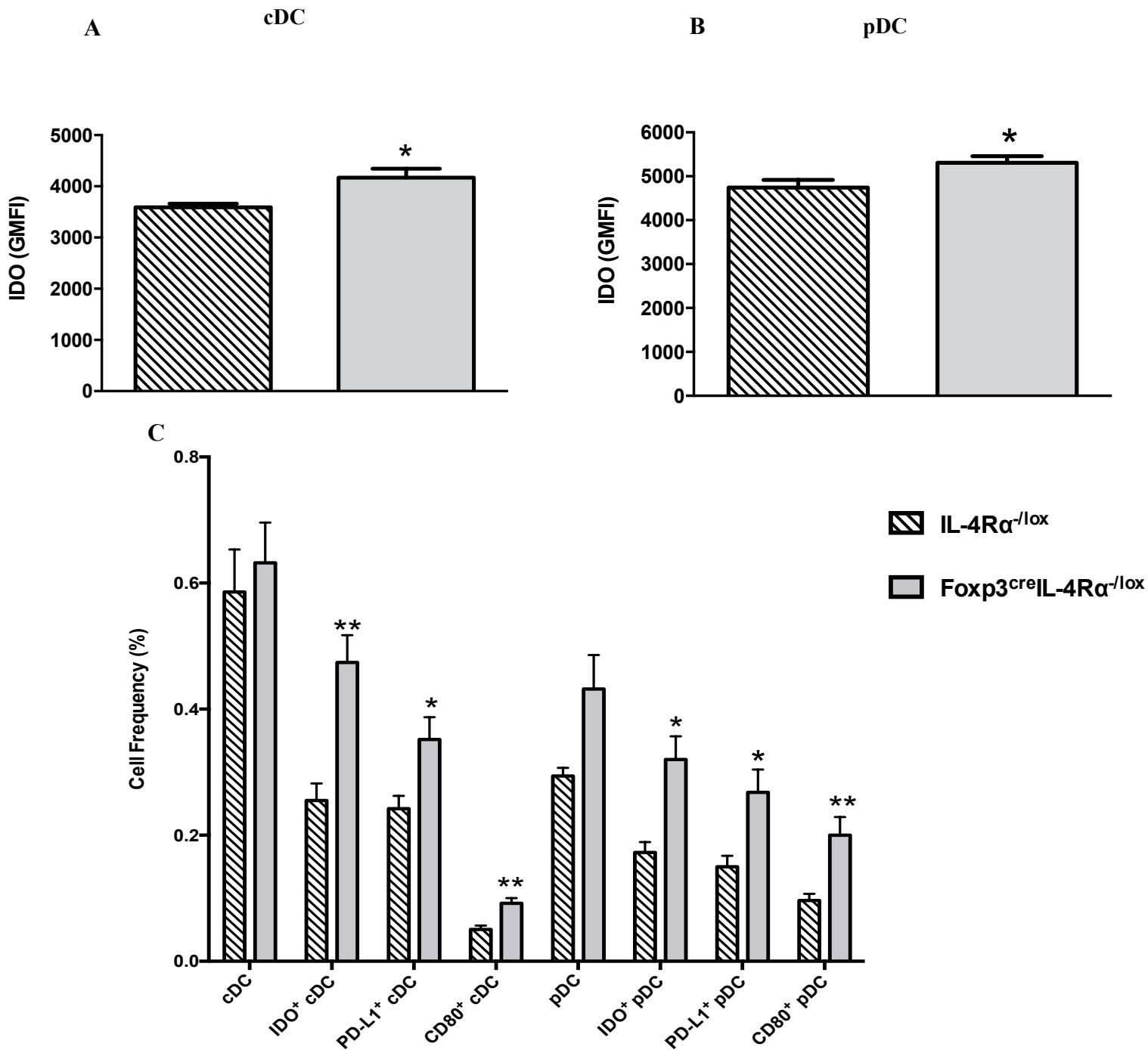


Figure 3.15: Dendritic cell populations within Foxp3^{cre}IL-4R $\alpha^{-/lox}$ mice show upregulated IDO, PDL-1 and CD80 expression following *L. major* infection. Foxp3^{cre}IL-4R $\alpha^{-/lox}$ and littermate control mice were infected subcutaneously with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. At 8 weeks post infection, geometric mean fluorescent intensity (GMFI) of IDO expression was determined by flow cytometry analysis from the popliteal lymph nodes of *L. major*-infected IL-4R $\alpha^{-/lox}$ and Foxp3^{cre}IL-4R $\alpha^{-/lox}$ male mice. (A) IDO GMFI in conventional dendritic cells (cDCs; CD19⁺CD11b⁺CD11c⁺MHCII⁺), (B) IDO GMFI in plasmacytoid DCs (pDCs; CD11c⁺MHCII⁺B220⁺), (C) Frequency of IDO expressing, PD-L1 and CD80 expressing dendritic cell subpopulations from the popliteal lymph nodes of IL-4R $\alpha^{-/lox}$ and Foxp3^{cre}IL-4R $\alpha^{-/lox}$ male mice following *L. major* infection. The following analyses are representative of 1 independent experiment with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R $\alpha^{-/lox}$ mice (*, $p \leq 0.05$; **, $p \leq 0.01$).

3.5.2 PD-1 expression on Foxp3⁺ Treg cells is enhanced in *L. major*-infected Foxp3^{cre}IL-4R α ^{-lox} male mice

Previous studies have shown that during antigen presentation IDO expression in dendritic cells activates the PD-L1 or CD80/CD86 molecules that in turn ligate to the PD-1 or CTLA-4 molecules on Treg cells, activating their suppressive activity [82, 110, 112]. Given that in *L. major*-infected Foxp3^{cre}IL-4R α ^{-lox} male mice dendritic cells displayed elevated IDO levels associated with increased PD-L1 and CD80/CD86 expression (Figure 3.14, A-C and Figure 3.15, A-C), the expression of PD-1 on Treg cells was subsequently evaluated by flow cytometry analysis. Unfortunately at the time of the experiment, a fluorescently conjugated anti-CTLA-4 antibody was unavailable and therefore the expression of CTLA-4 on Treg cells could not be evaluated. The gating of CD4⁺Foxp3⁺ Treg cells by flow cytometry allowed for expression of PD-1 to be assessed (Supplementary Figure 6). Under naïve conditions, comparable PD-1 GMFI on CD4⁺ Foxp3⁺ Treg cells and frequency of PD-1⁺ Treg cells were observed between Foxp3^{cre}IL-4R α ^{-lox} male mice and their IL-4R α ^{-lox} littermate control (Supplementary Figure 7, A-B). Notably following 8 weeks of *L. major* infection, the frequency of PD-1⁺ CD4⁺ Foxp3⁺ Treg cells infiltrating the draining lymph nodes significantly increased in Foxp3^{cre}IL-4R α ^{-lox} male mice in comparison to IL-4R α ^{-lox} male mice (Figure 3.16A). Furthermore, Foxp3^{cre}IL-4R α ^{-lox} male mice had significantly increased PD-1 GMFI expression, in comparison to IL-4R α ^{-lox} littermate controls (Figure 3.16B). These results suggest that within Foxp3^{cre}IL-4R α ^{-lox} male mice IDO⁺ dendritic cells and Treg cells interact via PD-L1/PD-1 ligation during *L. major* infection.

A

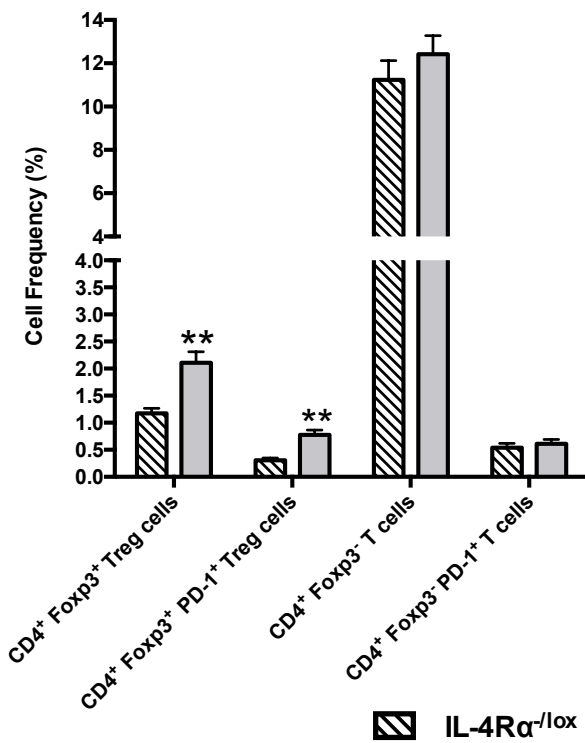
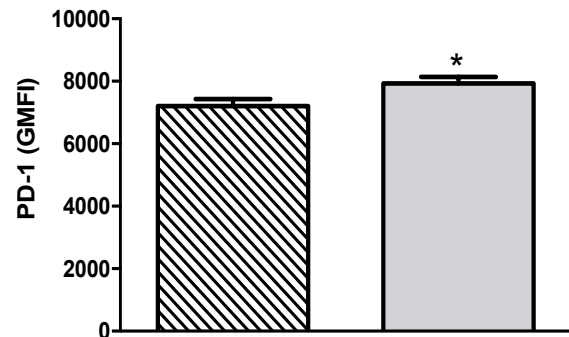
B CD4⁺ Foxp3⁺ Treg cells

Figure 3.16: Deletion of IL-4R α on Treg cells upregulates PD-1 expression following *L. major* infection. Foxp3^{cre}IL-4R $\alpha^{-/-lox}$ and littermate control mice were infected subcutaneously with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. (A) The frequency of PD-1 expressing T cells in the popliteal lymph node at 8 weeks post *L. major* infection. (B) PD-1 GMFI in CD4⁺Foxp3⁺ Treg cells in the popliteal lymph node at 8 weeks post *L. major* infection. The following analyses are representative of 1 independent experiment with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to IL-4R $\alpha^{-/-lox}$ mice (*, $p \leq 0.05$; **, $p \leq 0.01$).

3.5.3 Differential IDO expression within *L. major*-infected Foxp3^{cre}IL-4R $\alpha^{-/-lox}$ male mice could account for reduced T-bet⁺ Th1 cell recruitment

Along with its role in activating Treg cell activity, previous studies have shown that IDO oxidation of L-tryptophan along the kynurenine pathway produced metabolites that induced T-cell apoptosis, specifically downregulating Th1 cells [83, 113]. Given that dendritic cells expressed elevated IDO levels within *L. major*-infected Foxp3^{cre}IL-4R $\alpha^{-/-lox}$ male mice (Figure 3.15, A-C), we next examined by intranuclear staining the recruitment of transcription factor expressing T cell subsets. Following *L. major* infection, the frequencies of CD4⁺GATA3⁺ Th2 cells and CD4⁺ROR γ t Th17 cells infiltrating the popliteal lymph nodes was comparable between Foxp3^{cre}IL-4R $\alpha^{-/-lox}$ male mice and their littermate controls (Figure 3.17). Similar to the results in Figure 3.9A, a significantly greater frequency of CD4⁺Foxp3⁺ Treg cell infiltrated the draining lymph nodes in Foxp3^{cre}IL-4R $\alpha^{-/-lox}$ male mice (Figure 3.17). Notably, the frequency of CD4⁺T-bet⁺ Th1 cells infiltrating the draining lymph nodes was significantly

reduced in $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ male mice in comparison to their littermate controls (Figure 3.17). These data provide supporting evidence that supports a mechanism whereby *L. major* parasites enhancing dendritic cell mediated IDO expression within infected $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ male mice, concomitantly resulted in increased Treg cell activity and increased selective apoptosis of Th1 cells; allowing for successful parasite replication [108, 113].

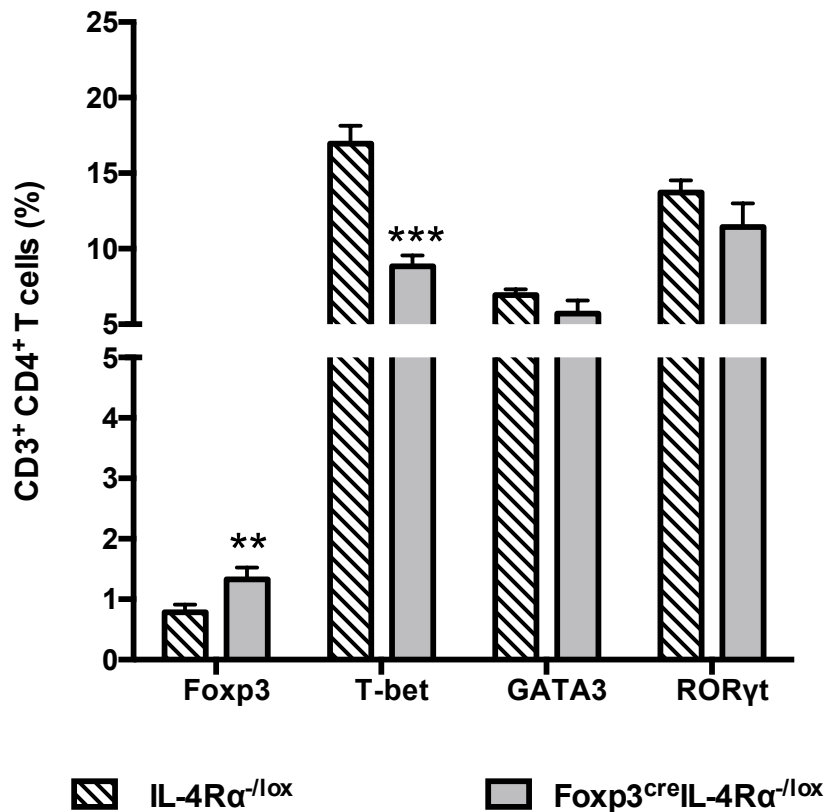


Figure 3.17: Deletion of $\text{IL-4R}\alpha$ signalling on Treg cells enhances recruitment of Foxp3^+ Treg cells and reduces recruitment of T-bet^+ Th1 cells following *L. major* infection. $\text{Foxp3}^{\text{cre}}\text{IL-4R}\alpha^{-/\text{lox}}$ and littermate control mice were infected subcutaneously with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. (A) The frequency of transcription factor expressing $\text{CD3}^+\text{CD4}^+$ T cells in the popliteal lymph node at 8 weeks post *L. major* infection. The following analyses are representative of 1 independent experiment with 5 mice per group expressed as mean \pm SEM. Statistical significance was determined in comparison to $\text{IL-4R}\alpha^{-/\text{lox}}$ mice (*, $p \leq 0.05$; **, $p \leq 0.01$).

4. Discussion

The ability of *L. major* parasites to persist within a mammalian host is primarily based on immune response polarization in response to infection. Given that currently there are no commercially available vaccines against cutaneous leishmaniasis, the use of experimental murine models has been utilized as a robust system to elucidate the immune evasion strategies utilized by *Leishmania* parasites in order to identify novel immunotherapeutic targets for effective disease management [114]. During the first 72 hours post *L. major* infection, the decision between mounting a protective Type 1 immune response or susceptible Type 2 immune response occurs [115].

IL-4 and IL-13 were initially identified as canonical cytokines in initiating a Type 2 immune response during *L. major* infection, as its early secretion by $V\beta^+$ $V\alpha 8^+$ $CD4^+$ T cells caused elevated Th2 cell development and downregulated the secretion of Th1 cytokines IFN- γ and IL-12, resulting in enhanced susceptibility to *L. major* infection [25, 32]. Given the key roles of IL-4 and IL-13 in modulating Type 2 immune response, the impact of signalling via their common IL-4R α chain was further examined.

As the IL-4R α chain is ubiquitously expressed on an array of immune cells including keratinocytes, macrophages, dendritic cells, B cells and T cells, various cell-specific IL-4R α deficient murine models have been established using the *cre/loxP* system to investigate IL-4R α signalling on specific cell populations [26, 31]. The use of cell-specific IL-4R α -deficient murine models during *L. major* infection has provided novel roles on specific cell populations through which IL-4R α signalling has a detrimental effect leading to sustained parasite persistence or IL-4R α signalling induces a protective effect leading to a reduction in parasite survival. In murine models IL-4R α signalling on neutrophils, macrophages, B cells and total T cells were shown to favour *L. major* replication [45, 55, 59, 60]. In contrast, IL-4R α signalling on dendritic cells was shown to be required to initiate NO-driven killer effector mechanism that reduces *L. major* survival within an infected host [6].

Foxp3 $^+$ Treg cells are a unique CD4 $^+$ T cell subset whose immunosuppressive activities are crucial for maintaining homeostasis between Type 1 or Type 2 immune responses and tolerance to self-antigens [61, 84]. IL-4 signalling has been shown to have both inhibitory and stimulatory effects on Treg cell development [36, 93].

During *L. major* infection, aggregation of CD4⁺CD25⁺ Treg cells at the site of infection has been found to have a detrimental effect, as they inhibit effector T cells ability to control parasite replication [87, 88]. In contrast, Treg cells have been shown to have a protective role in host immunity as they inhibit early IL-4 production in BALB/c mice, thereby reducing activation of a Type 2 immune response and allowing for *L. major* survival [20].

Treg cells therefore appear to contribute to host protection against and lead to sustained *L. major* replication at the site of infection, indicating that for effective protection against *L. major* infection a balance is required between Treg cells and effector T cells [20, 84, 87]. Given their critical role in regulating host immunity and the apparent dual roles of IL-4 signalling in their development, Treg cells have provided a novel CD4⁺ T cell population in which to explore further. In this study, Treg cell-specific (Foxp3^{cre}IL-4Rα^{-/lox}) BALB/c mice generated using the cre/loxP system[89] were utilized to investigate whether IL-4Rα signalling on Treg cells influences disease outcome during cutaneous leishmaniasis.

Following *L. major* LV39 infection Foxp3^{cre}IL-4Rα^{-/lox} mice were found to have depletion of the IL-4Rα chain specifically on CD4⁺ Foxp3⁺ Treg cells, while IL-4Rα expression was maintained in other cell populations. In naïve Foxp3^{cre}IL-4Rα^{-/lox} mice, Cre-mediated deletion on Treg cells resulted in the partial deletion of the IL-4Rα chain in females and a quasi-complete deletion of the IL-4Rα chain in males [89]; this may have occurred as a result of random inactivation of genes along the X chromosome that occurs within females only [116]. During this study, it was determined that the differential deletion efficiency of the IL-4Rα chain on Treg cells observed between Foxp3^{cre}IL-4Rα^{-/lox} female and male mice was conserved during *L. major* infection.

A previous study showed that specific deletion of the IL-4Rα chain on Foxp3⁺ Treg cells resulted in mice developing enhanced tissue inflammation during *Schistosoma mansoni* and *Nippostrongylus brasiliensis* infections [89]; however the effects during cutaneous leishmaniasis were unknown.

In order to determine the role of IL-4Rα signalling on Foxp3 disease outcome during cutaneous leishmaniasis, Foxp3^{cre}IL-4Rα^{-/lox} female and male mice were infected with *L. major* LV39 promastigotes subcutaneously in the footpad. Infection of Foxp3^{cre}IL-4Rα^{-/lox} female with *L. major* promastigotes revealed similar footpad swellings, accompanied with similar parasite

burdens in the footpads, popliteal lymph nodes and spleens in comparison to IL-4R α ^{-lox} female littermate controls. In contrast, *L. major* infection of Foxp3^{cre}IL-4R α ^{-lox} male mice revealed a protective role for IL-4R α signalling on Treg cells in controlling *L. major* disease progression. In comparison to IL-4R α ^{-lox} male littermate controls, Foxp3^{cre}IL-4R α ^{-lox} male mice developed greater footpad swellings and earlier necrosis. The hypersusceptible phenotype observed in Foxp3^{cre}IL-4R α ^{-lox} male mice was associated with significantly greater parasite loads which were analysed using LDA and endpoint PCR techniques. The endpoint PCR technique was utilised to quantify amastigote kDNA levels within infected footpad samples, however viable and non-viable parasites cannot be distinguished using this technique, so the results were compared to the LDA technique which allowed for the quantification of viable parasites within infected tissues following transformation from amastigote form within a mammalian host to *in vitro* promastigote form [25, 95]. Foxp3^{cre}IL-4R α ^{-lox} male mice developed significantly greater parasite burdens in the infected footpads, popliteal lymph nodes and spleens as well as significantly enhanced relative amastigote kDNA expression levels in comparison to IL-4R α ^{-lox} male littermate controls. In line with previous studies, genetically resistant C57BL/6 mice showed reduced footpad swelling and parasite burdens in the footpads and popliteal lymph nodes indicating effective control of *L. major* infection [25, 26]. Collectively, the difference in phenotype observed between Foxp3^{cre}IL-4R α ^{-lox} female and male suggests that a greater IL-4R α deletion efficiency on Treg cells enhances susceptibility of the Foxp3^{cre}IL-4R α ^{-lox} murine strain to *L. major* infection.

Foxp3⁺ T reg cells are able to maintain immune homeostasis by modulating cytokine production [65]. Flow cytometry analysis revealed significantly greater frequencies of CD4⁺Foxp3⁺ Treg cell which produced IL-4, IL-10 or IL-13 were recruited in Foxp3^{cre}IL-4R α ^{-lox} male mice compared to their IL-4R α ^{-lox} littermate controls (Figure 4.1); which suggests that deletion of the IL-4R α signalling on Treg cells augments these cells to increase Type 2 cytokine production during *L. major* infection. The increased CD4⁺Foxp3⁺ Treg cell frequencies observed in *L. major*-infected Foxp3^{cre}IL-4R α ^{-lox} male mice were in line with a previous study that also showed increased CD4⁺Foxp3⁺ Treg cell frequencies in the ear dermis of *L. major*-infected IL-4R α ^{-/-} BALB/c mice [117]; which suggests that a global deletion or Treg cell specific deletion of IL-4R α signalling in BALB/c mice results in a similar increase in CD4⁺Foxp3⁺ Treg cell recruitment during *L. major* infection.

The results of this study support a previous study that suggested IL-4 signalling via STAT6 was required to maintain Foxp3 expression in CD4⁺CD25⁺ Treg cells [36], as despite deletion of IL-4 signalling via the IL-4R α chain, CD4⁺Foxp3⁺ Treg cells were able to increase IL-4 production which had a stimulatory effect on Treg cell differentiation.

Previous studies have determined that activation of Type 1 immune response within an infected mammalian host is detrimental to *L. major* survival, while induction of Type 2 immune response is favourable for *L. major* persistence [9, 39]. To determine the type of immune response elicited as a result of deleting the IL-4R α chain on Treg cells, cytokine and antibody levels were compared following subcutaneous *L. major* infection. Treg cells secretion of suppressive cytokines, IL-10 and TGF- β has been shown to inhibit Th1 cell and Th2 cell activity and inhibit macrophages ability to kill intracellular *Leishmania* parasites [103, 118]. Analysis of T-cell specific cytokine production in Foxp3^{cre}IL-4R α ^{-lox} male mice revealed elevated production of IL-4, IL-10 and TGF- β , which suggested that increased Th2 and Treg cell cytokine activity contributes to the hypersusceptible phenotype observed during *L. major* infection (Figure 4.1).

Analysis of antibody production by B cells in Foxp3^{cre}IL-4R α ^{-lox} male mice showed significantly increased total IgE levels, accompanied with increased IL-4 and IL-10 secretion, indicated the shift towards an elevated Type 2 immune response occurred following *L. major* footpad infection (Figure 4.1). Notably comparable levels of SLA-specific IgG1, another Type 2 antibody, were detected within Foxp3^{cre}IL-4R α ^{-lox} male mice and their IL-4R α ^{-lox} littermate controls. Meiler *et al.* (2008) showed that increased IL-4 levels induce class-switching in B cells to enhance IgE production [119], which could account for the specific elevated levels of IgE detected in Foxp3^{cre}IL-4R α ^{-lox} male mice following *L. major* infection.

During *L. major* infection activation of a Type 1 immune response results in activation of M1 macrophages and leads to the destruction of intracellular *Leishmania* parasites by iNOS production [11]. The initiation of a Type 2 immune response enhances *Leishmania* survival as Th2 cells secretion of IL-4, IL-13 and IL-10 activate M2 macrophages to secrete Arginase 1 that depletes the common L-arginine substrate thereby subverting the NO-driven killer effector mechanism and allowing for *L. major* replication [9, 24]. The augmentation towards a Type 2 immune response within Foxp3^{cre}IL-4R α ^{-lox} mice during *L. major* infection was further examined by iNOS and Arg1 activity. Following *L. major* footpad infection, similar expression

of iNOS was detected, indicated by comparable nitrite production levels, between Foxp3^{cre}IL-4R α ^{-/lox} male mice and their IL-4R α ^{-/lox} littermate controls. In contrast, the significant increase in Arg1 activity indicated by increased urea production observed in Foxp3^{cre}IL-4R α ^{-/lox} mice, indicated a shift towards M2 macrophage activation probably as a result of increased IL-4 and IL-10 production (Figure 4.1).

Previous studies in murine models have provided significant evidence that suggests that alternative routes of *L. major* infection may lead to differential immune response outcomes [94, 105]. The subcutaneous footpad route of infection has been shown to require a high parasite dose (10^5 - 10^7) to induce *L. major* persistence within BALB/c mice; while the intradermal ear route of infection has provided an effective alternative model as it mimics natural sandfly infection with a lower parasite dose (10^2 - 10^4) [94, 120]. Similar to a previous study genetically resistant C57BL/6 mice developed reduced ear swellings and decreased parasite burden following *L. major* ear inoculation [42]. Foxp3^{cre}IL-4R α ^{-/lox} male mice inoculated with 1×10^4 *L. major* promastigotes developed significantly increased ear swellings and parasite burdens, associated with elevated IL-4, IL-10 and total IgE levels, compared to their IL-4R α ^{-/lox} littermate controls (Figure 4.1). These results suggested that both the subcutaneous footpad and intradermal ear routes of infections led to the induction of a Type 2 immune response that contributed towards the hypersusceptible phenotype observed in Foxp3^{cre}IL-4R α ^{-/lox} male mice following *L. major* infection.

Collectively, these data suggest that efficient deletion of IL-4R α signalling on Treg cells renders BALB/c mice hypersusceptible to *L. major* infection associated with augmentation towards a Type 2 immune response that allows for sustained parasite persistence.

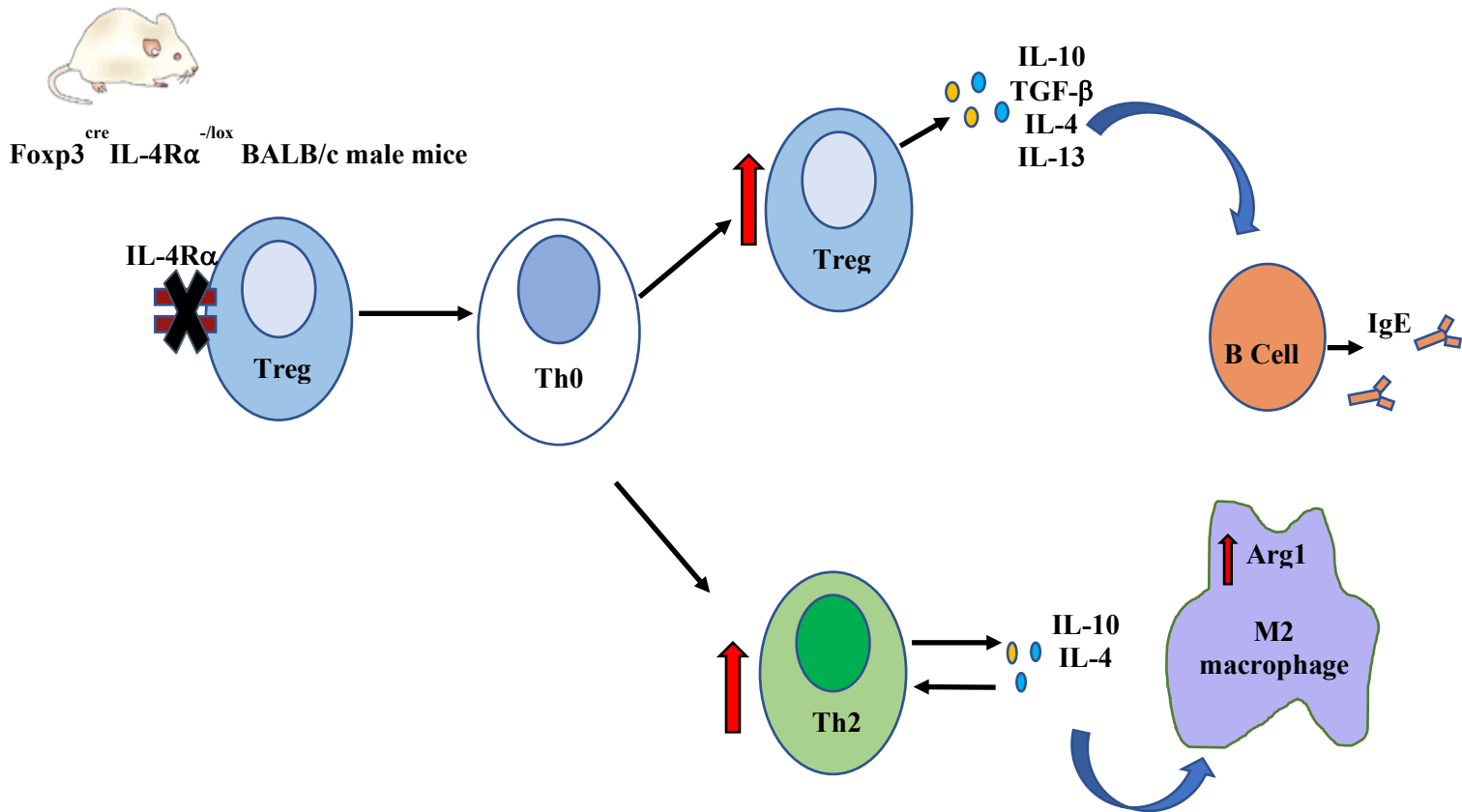


Figure 4.1 Deletion of the IL-4R α chain on Foxp3⁺ Treg cells induces a Type 2 immune response during *L. major* infection. Within Foxp3^{cre} IL-4R α ^{-lox} BALB/c male mice, deletion of the IL-4R α signalling on CD4⁺ Foxp3⁺ Treg cells primes, through cytokine signalling, the differentiation of naïve T cells into Treg cells. This resulted in increased production of Th2 and Treg cytokines (IL-4, IL-10, IL-13 and TGF- β). Elevated IL-4 levels can induce Th2 cell differentiation, direct M2 macrophage activation which leads to increased Arg1 activity and class switching of B cells to favour IgE antibody production; this apparent shift towards a Type 2 immune response favours *L. major* replication.

This current study has provided an additional host immune cell population in which IL-4R α signalling has a protective role against *L. major* infection. Contrary to other *L. major*-infected cell-specific IL-4R α conditional knockout models that developed a resistant phenotype [45, 55, 59], deletion of IL-4R α signalling on dendritic cells [6] and Treg cells lead to BALB/c mice developing a hypersusceptible phenotype. A previous study showed IL-4R α ^{-/-} BALB/c mice were only able to control acute *L. major* infection for 80 days, then they succumbed to infection [25]; suggesting that the deletion of IL-4R α signalling on a particular subset of host cells may be detrimental to the host as this allows for sustained *Leishmania* replication. This may imply

that signal exists between dendritic cells and Treg cells, through which IL-4R α signalling has a protective role against *L. major* infection.

IDO is an immunosuppressive enzyme primarily expressed by dendritic cells that has been shown to promote Treg cell differentiation and maintain Treg cell suppressive activity [83, 111]. IDO expression by dendritic cells has shown to promote Treg cell suppressive activity by CD80/86 or PD-L1 ligating to CTLA-4 or PD-1 respectively on Treg cells [82].

A previous study showed that to prevent against lethality during *Schistosoma mansoni* infection IL-4R α ^{-/-} mice induced elevated IDO levels within the liver and intestine [121]; which proposed a link between IL-4R α signalling and IDO expression. Makala *et al.* (2001) showed that IDO^{-/-} mice had significantly reduced footpad swellings and footpad parasite burdens following *L. major* infection, which suggested that *L. major* parasites enhance IDO expression within an infected host to enhance their survival [108]. Flow cytometry analysis was utilised to determine whether the hypersusceptible phenotype observed in *L. major*-infected Foxp3^{cre}IL-4R α ^{/lox} male mice was driven by potential IDO-mediated mechanism.

Previous studies had suggested that the dendritic cell subset that expressed the greater level of IDO were pDCs (CD11c⁺MHCII⁺B220⁺) [108, 122]. Increased frequencies of IDO⁺, PD-L1⁺, CD80⁺ cDCs and IDO⁺, PD-L1⁺, CD80⁺ pDCs infiltrated the popliteal lymph nodes Foxp3^{cre}IL-4R α ^{/lox} male mice during *L. major* infection; this suggested that the increased IDO expression observed was associated with up-regulation of PD-L1 molecules on activated dendritic cells. This observed elevated IDO expression within *L. major*-infected Foxp3^{cre}IL-4R α ^{/lox} male mice was associated with elevated PD-1 expression on Treg cells specifically; which correlated with increased Treg cell recruitment and secretion of Treg cell cytokines IL-10 and TGF- β . In the future, CTLA-4 expression will be examined at a protein level by flow cytometry analysis to examine whether CTLA-4/CD80 pathway is also activated. These results supported a hypothesis proposed in a previous study that suggests that elevated PD-L1/PD-1 engagement induces the expression of IDO by dendritic cells which in turn inhibits the mTOR/Akt pathway that destabilizes Treg cell function, allowing Treg cells to maintain their suppressive activity [111].

Previous studies have shown that increased IDO production leads to an accumulation of tryptophan metabolites such as kynurenine, quinolinic acid and picolinic acid, which induce apoptosis in CD4⁺ Th1 cells and have no effect on Th2 cells [83, 113]. *In vitro* analysis revealed that increased IDO production prevents the conversion of Treg cells to Rorγt⁺ Th17-like cells [123]. To determine whether the observed increase in IDO production observed in *L. major*-infected Foxp3^{cre}IL-4Rα^{-/lox} male mice affected CD4⁺ T cell differentiation, transcription-factor expressing CD4⁺ T cells were stained intranuclearly. A significant decrease in the frequency of CD4⁺T-bet⁺ Th1 cells was observed while the frequencies of CD4⁺GATA3⁺ Th2 cells and CD4⁺Rorγt⁺ Th17 cells recruited to the popliteal lymph nodes remained unchanged in *L. major*-infected Foxp3^{cre}IL-4Rα^{-/lox} male mice; which may suggest that observed increase in IDO production observed Foxp3^{cre}IL-4Rα^{-/lox} male mice may reduce Th1 cell recruitment while simultaneously preventing the conversion of Treg cells into Th17, which in turn favours activation of Type 2 immune response.

Collectively, the results from this study suggest that deletion of IL-4Rα signalling on Treg cells in BALB/C mice lead to *L. major* parasites increasing IDO expression from dendritic cells, which in turn upregulates PD-L1 molecule to ligate to PD-1 on Treg cells, resulting in increased Treg cell activity (Figure 4.2). Concomitantly, increased IDO expression may have reduced Th1 cell recruitment at the site of infection (Figure 4.2), which in turn allowed for the induction of an elevated Type 2 immune response that favours *L. major* replication.

In order to validate whether the proposed mechanism outlined by the data from *L. major*-infected Foxp3^{cre}IL-4Rα^{-/lox} male mice has translational potential, further studies will need to be conducted in cutaneous leishmaniasis diagnosed human patients. In a previous study qRT-PCR analysis on RNA extracted from human skin biopsies have shown significant increases in FOXP3 expression and elevated IDO expression in *L. vianna*-infected patients diagnosed with chronic cutaneous leishmaniasis as compared to asymptotically infected individuals [124]. Immunohistochemical analysis of stained human skin biopsies revealed higher intensities of Foxp3 expression in *L. braziliensis*-infected patients diagnosed with cutaneous leishmaniasis compared to healthy controls [84]. In the future, in line with these previous experiments, we would like to conduct immunohistochemistry and extract RNA from skin lesions of patients infected with *L. major*-causing cutaneous leishmaniasis and conduct qRT-PCR to analyse whether there is differential expression of IL-4Rα, FOXP3 and IDO; which may provide a

novel mechanism to explain sustained *Leishmania* replication and lesion development in human patients.

A previous study has identified that human patients diagnosed with chronic dermal leishmaniasis, caused by *L. vianna*, showed a 2-fold increase in CD4⁺CD25⁺Foxp3⁺ Treg cell recruitment in peripheral blood-mononuclear samples (PBMCs) [124]. In the future, in line with this approach we will analyse via flow cytometry whether PBMCs isolated from *L. major*-infected patients display differential CD4⁺Foxp3⁺ Treg cell and CD4⁺T-bet⁺ Th1 cell recruitment, similar to the data observed in Foxp3^{cre}IL-4R α ^{-/lox} male mice.

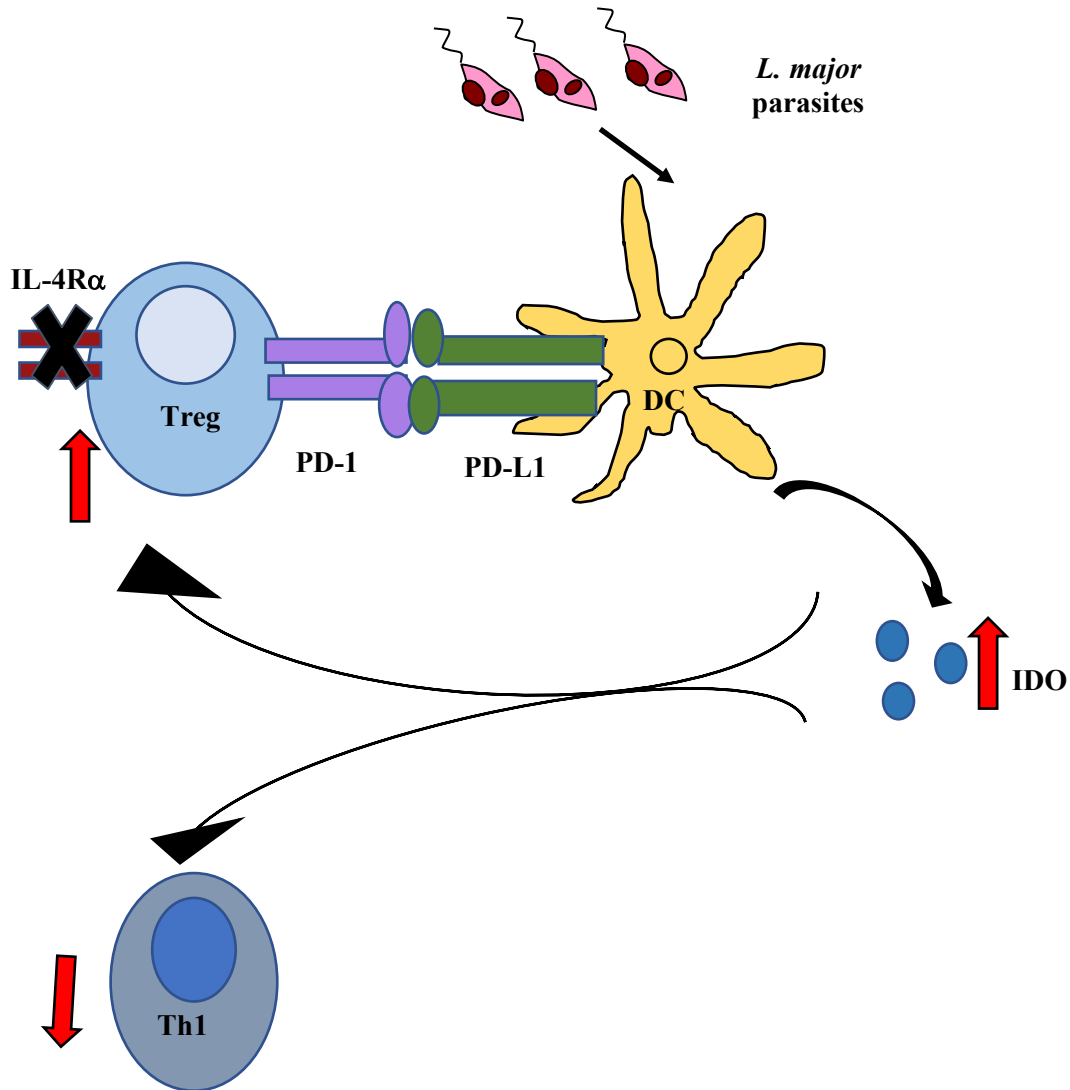


Figure 4.2: Induced IDO production from dendritic cells concomitantly induces Treg cell production and reduces Th1 cell activity during *L. major* infection. *L. major* parasites enhance IDO production from dendritic cells, which in turn upregulates PD-L1 expression which signals PD-1 expression on Treg cell and increases Treg cell production. IDO expression from dendritic cells leads to the apoptosis of Th1 cells, which in turn favours a Type 2 immune response and leads to increased *L. major* replication.

In conclusion, this study has provided a novel outcome of IL-4R α signalling on a CD4⁺ T cell subpopulation during cutaneous leishmaniasis. Deletion of the IL-4R α chain on Foxp3⁺ Treg cells enhanced BALB/c mice susceptibility to *L. major* infection; This resulted in enhanced disease progression and increased parasite dissemination from the infection site, This study has further proposed a novel mechanism by which enhanced IDO production within Foxp3^{cre}IL-4R α ^{-/lox} male mice may contribute to the elevated Type 2 immune response induced following *L. major* infection. The protective role of IL-4R α signalling on Foxp3⁺ Treg cells during cutaneous leishmaniasis will now have to be considered carefully for future drug-based or vaccine-based strategies.

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6. Appendix

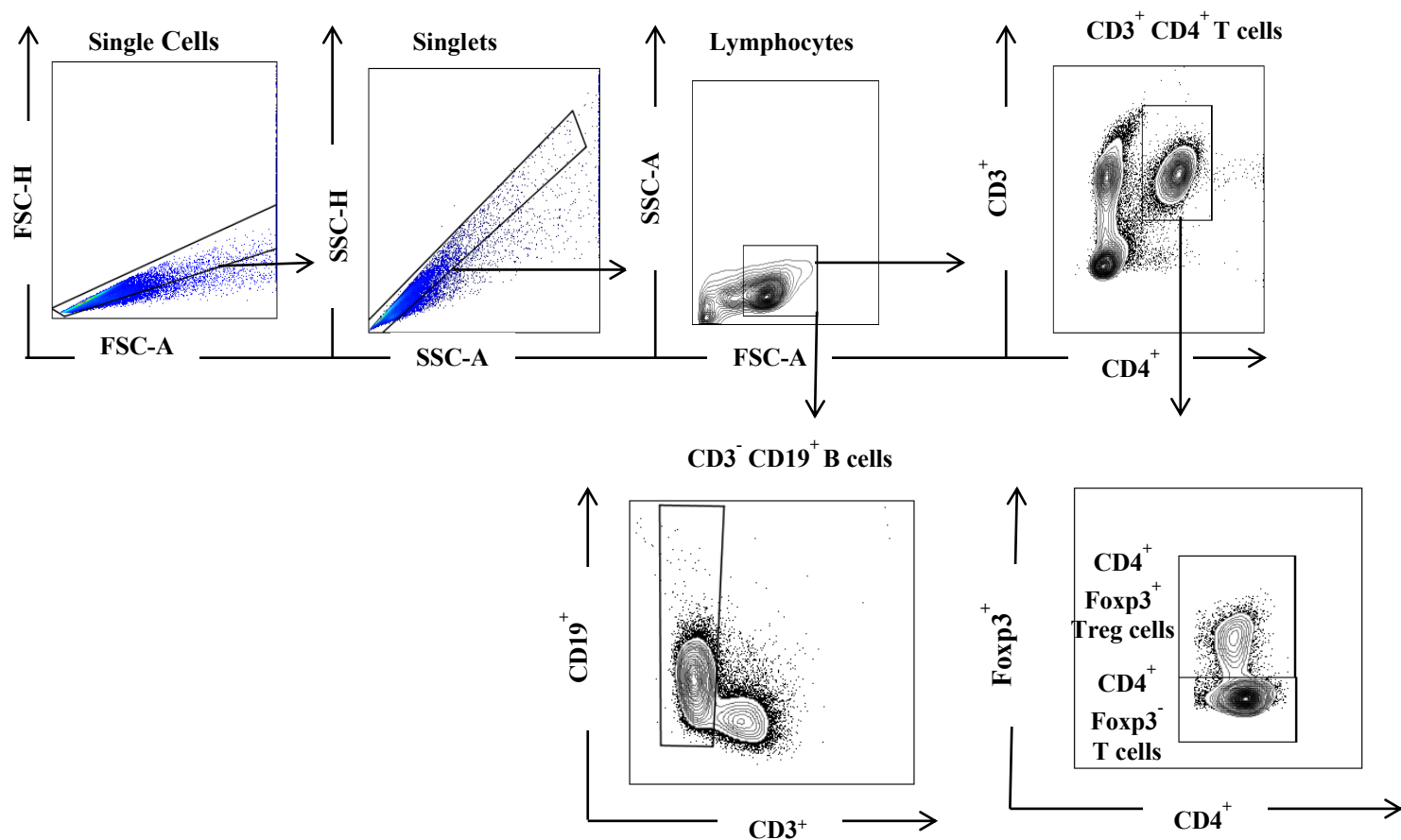
List of Flow Cytometry Antibodies used

Antibody	Company	Clone	Catalogue Number	Dilution
CD3	BD Pharmingen	500A2	557984	1:320
CD4	BD Pharmingen	RM4-5	553052	1:640
CD19	BD Pharmingen	1D3	551001	1:320
IL-4R α (CD124)	BD Pharmingen	mIL4R-M1	552509	1:160
PD-1	Biologend	29F.1A12	135208	1:320
Ki67	BD Pharmingen	B56	51-36525X	1:50
GATA3	BD Pharmingen	L50-823	560405	1:40
T-bet	eBioScience	eBio4B10	12-5825-82	1:40
RoRyt	BD Pharmingen	Q31-378	562683	1:40
Foxp3	BD Pharmingen	MF23	560401	1:100
IFN- γ	BD Pharmingen	XMG1.2	554412	1:50
IL-4	BD Pharmingen	11B11	560700	1:50
IL-13	eBioScience	eBio13A	53-7133-82	1:50
IL-10	eBioScience	JES5-16E3	12-7101-82	1:50
CD11c	BD Pharmingen	HL3	560583	1:320
CD11b	BD Pharmingen	M1/70	560455	1:640
MHC-II	eBioScience	M51114.1 5.2	17-5321-82	1:640
B220	BD Horizon	RA3-6B2	561226	1:640
CD80	BD Pharmingen	16-10A1	553769	1:320
PD-L1	Biologend	10F.9G2	124311	1:320
IDO	eBioScience	mIDO-48	11-9473-82	1:100
Streptavidin	BD Horizon		562284	1:1000

List of ELISA Antibodies

Cytokine Antibody		Company	Clone/Catalogue number	Final Concentration
IL-4	Primary	BD Biosciences	11B11	2 µg/ml
	Standard	BD Biosciences	550067	100 ng/ml
	Secondary	BD Biosciences	BVD6-24G2	0.5 µg/ml
IL-10	Primary	WhiteSci	MAB417-500	1 µg/ml
	Standard	WhiteSci	417-ML-005	100 ng/ml
	Secondary	Biocom Biotech	504906	0.5 µg/ml
TGF-β	Primary	BD Biosciences	555052	1:500
	Standard	WhiteSci	240-B-002	100 ng/ml
	Secondary	BD Biosciences	555053	1:250
IFN-γ	Primary	Lab-made (UCT)	AN18KL6	1 µg/ml
	Standard	BD Biosciences	554587	500 ng/ml
	Secondary	BD Biosciences	XMG1.2	0.5 µg/ml

Supplementary Figures

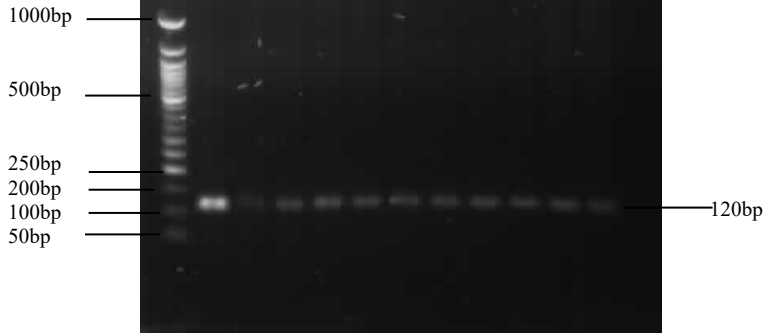


Supplementary Figure 1: Gating strategies used to analyse CD19⁺ B cell, CD4⁺ Foxp3⁺ and CD4⁺ Foxp3⁻ T cell populations. Experimental mice were subcutaneously infected with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. Popliteal lymph node cells were isolated from *L. major* infected experimental mice, stained and gated for B cell (CD3⁻CD19⁺) and T cell populations (CD3⁺CD4⁺). The Treg cell population was identified as CD4⁺ Foxp3⁺. The following analyses are representative of 4 independent experiments with 5 mice per group.

Female

A

1 2 3 4 5 6 7 8 9 10 11 12 13



B

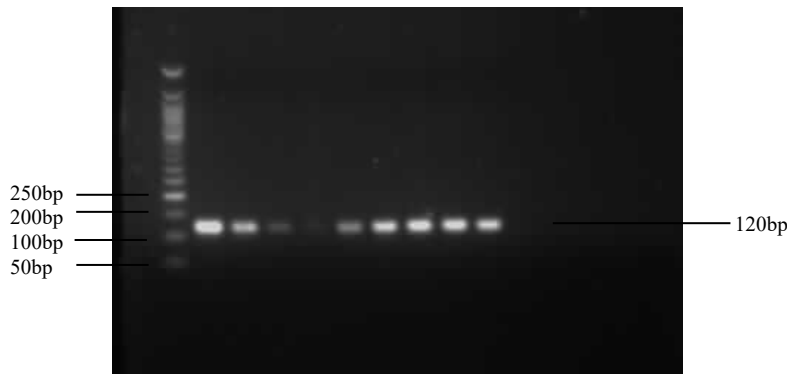
1 2 3 4 5 6 7 8



Male

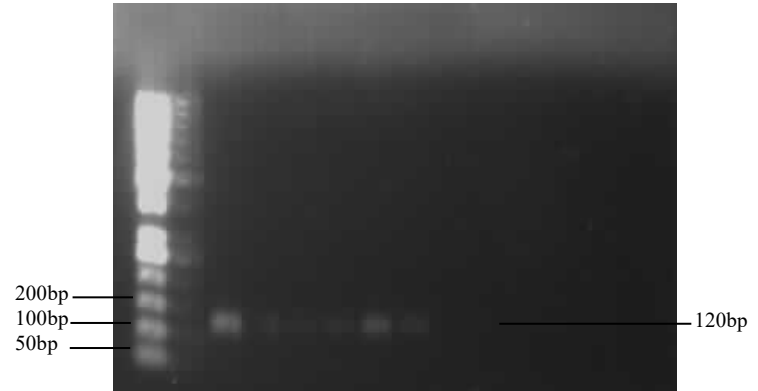
C

1 2 3 4 5 6 7 8 9 10 11

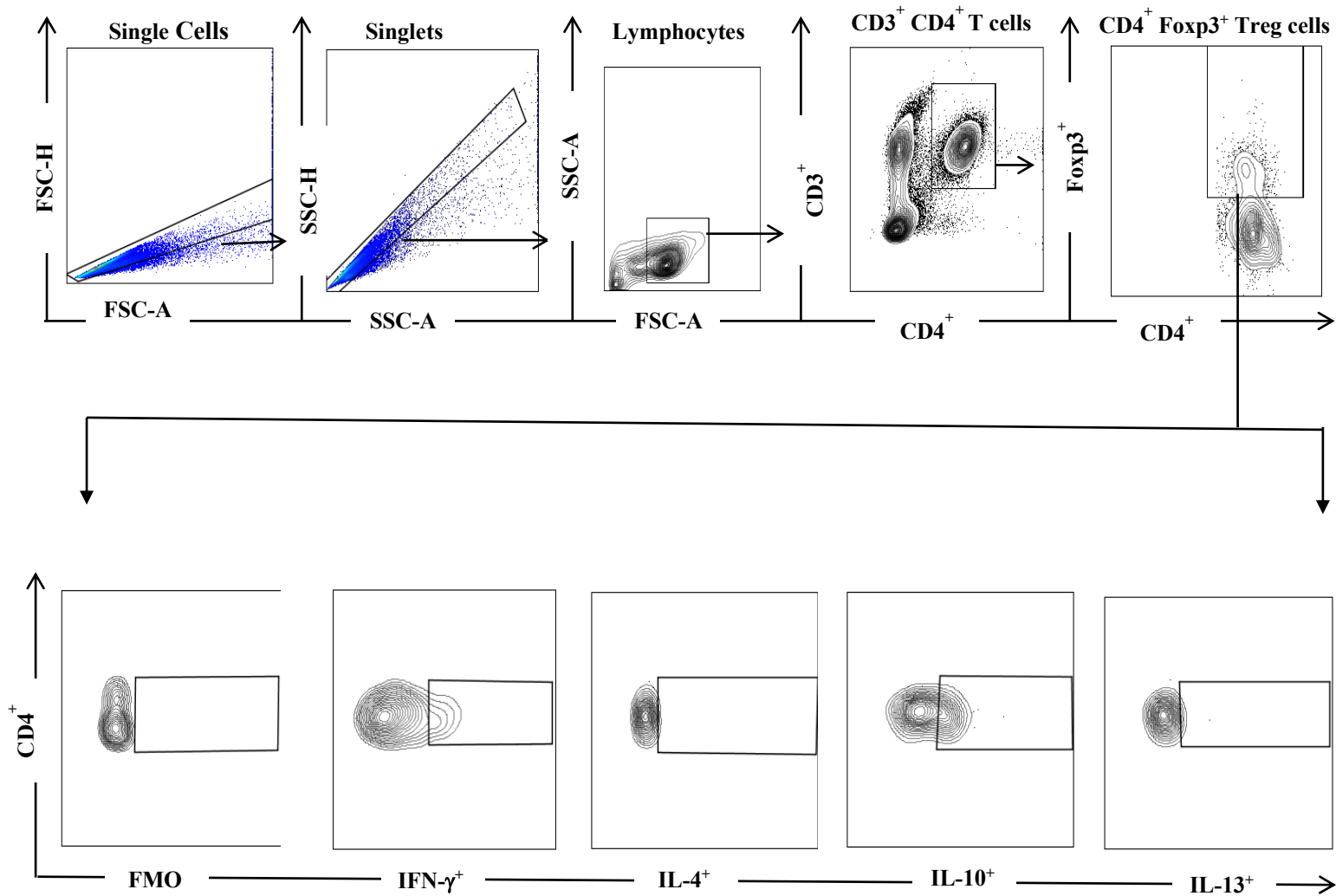


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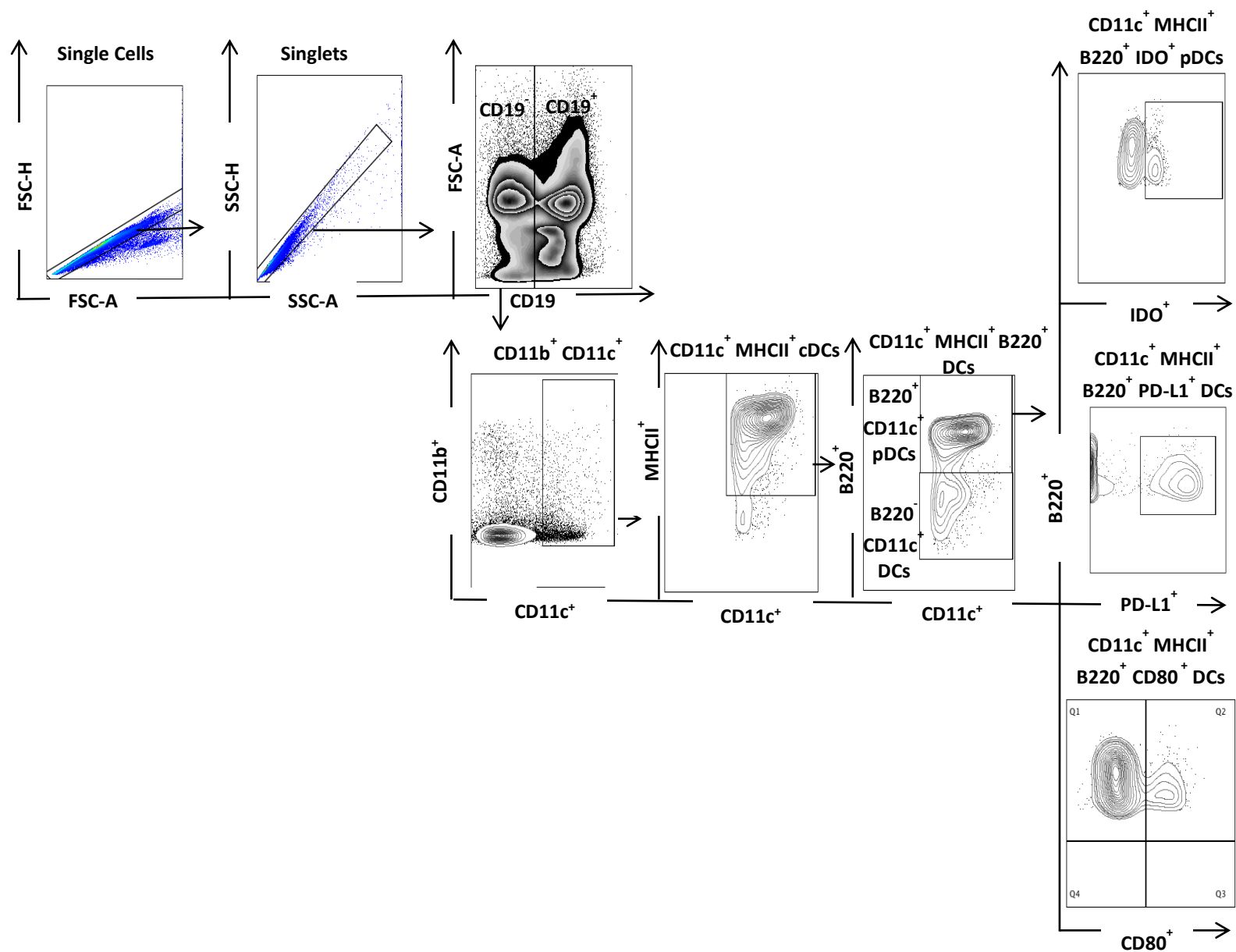
1 2 3 4 5 6 7 8



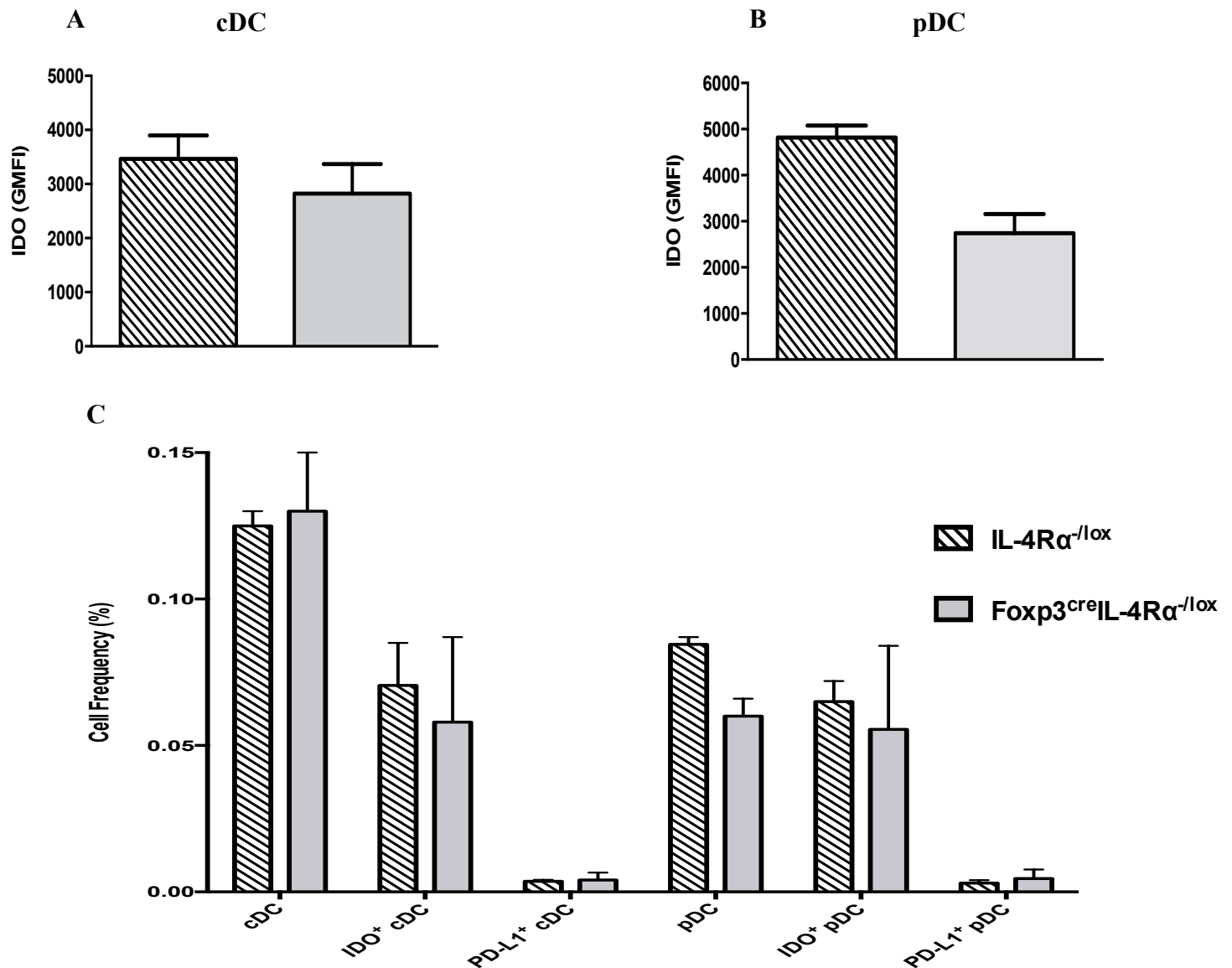
Supplementary Figure 2: *Leishmania* parasite DNA is significantly increased in Foxp3^{cre}IL-4Rα^{-/-lox} male mice. Experimental mice were subcutaneously infected in the left hind footpad with 2x10⁶ stationary phase *L. major* LV39 promastigotes. At 8 weeks post infection, amastigote kinetoplast DNA extracted from infected footpads was amplified via PCR with JW11/JW12 primers. The final 120 bp PCR products were electrophoresed on 1.5% agarose gels and visualized following ethidium bromide staining under UV illumination. (A) Lane 1: 50 bp DNA ladder; Lane 2: *L. major* *in vitro* culture; Lanes 3-7: Female IL-4Rα^{-/-lox} samples; Lanes 8-12: Female Foxp3^{cre}IL-4Rα^{-/-lox} samples; Lane 13: Negative Control (No DNA). (B) Lane 1: 50bp DNA ladder; Lane 2: *L. major* *in vitro* culture; Lanes 3-7: Female C57BL/6 samples; Lane 8: -ve control. (C) Lane 1: 50 bp DNA ladder; Lane 2: *L. major* *in vitro* culture; Lanes 3-6: Male IL-4Rα^{-/-lox} samples; Lanes 7-10: Male Foxp3^{cre}IL-4Rα^{-/-lox} samples; Lane 11: -ve control. (D) Lane 1: 50bp DNA ladder; Lane 2: *L. major* *in vitro* culture; Lanes 3-6: Male C57BL/6 samples; Lane 8: -ve control. Results are representative of one independent experiment.



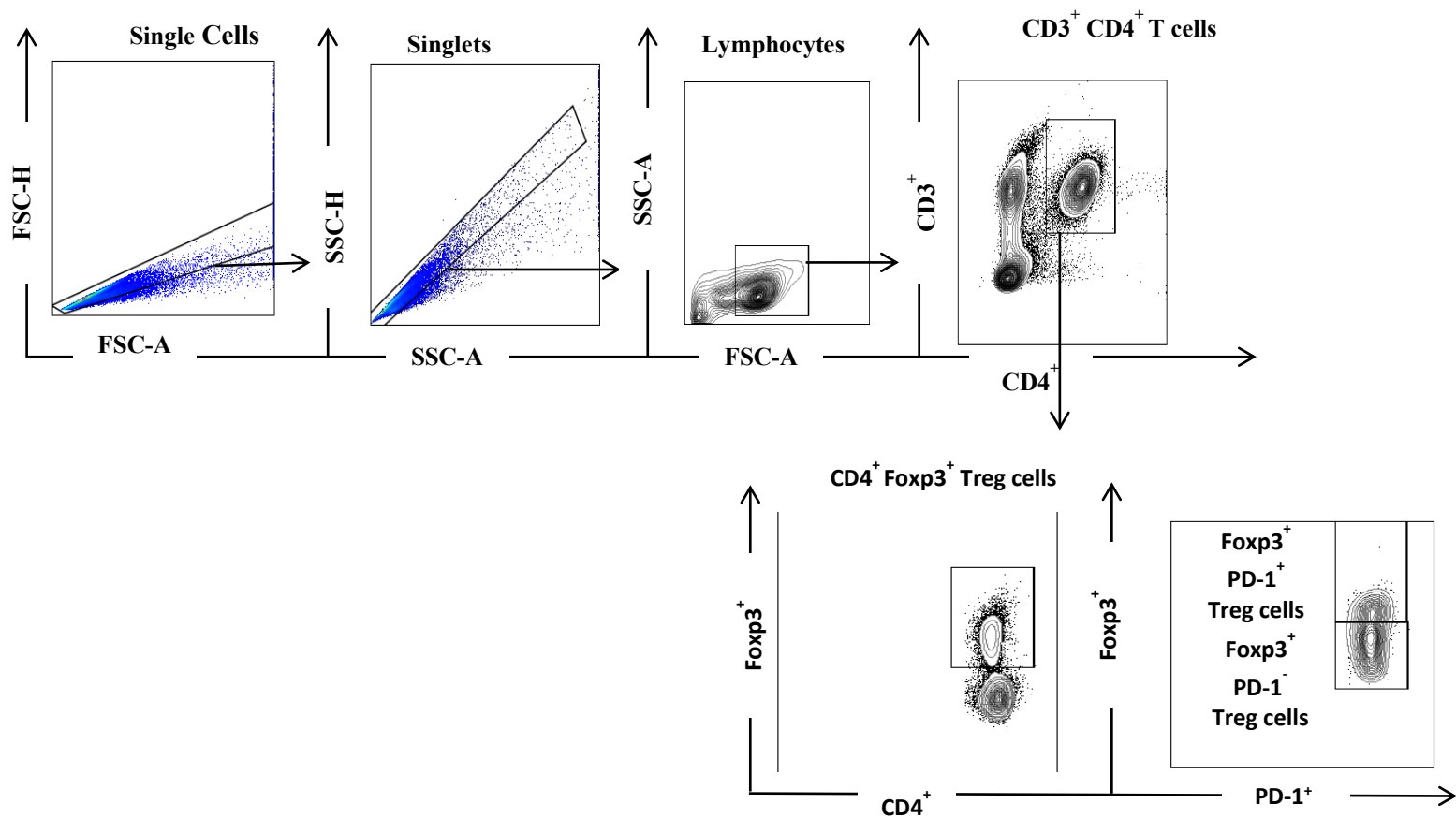
Supplementary Figure 3: Gating strategies used to identify cytokine-producing Treg cell populations. Experimental mice were subcutaneously infected with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. Popliteal lymph node cells were isolated from *L. major* infected experimental mice, stained and gated for Treg cell populations ($CD4^+Foxp3^+$). Cytokine secreting Treg cells were gated for the production of IFN- γ , IL-4, IL-10 and IL-13, within the popliteal lymph node following PMA/Ionomycin stimulation in the presence of monensin. The following analyses are representative of 2 independent experiments with 5 mice per group.



Supplementary Figure 4: Gating strategies used to CD11c⁺ dendritic cell populations. Experimental mice were subcutaneously infected with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. Popliteal lymph node cells from Foxp3^{cre}IL-4R α and their littermate control mice were stained and gated to identify various dendritic cell populations. Dendritic cells populations were differentiated according to the following markers: conventional dendritic cells (cDCs; CD19⁻CD11b⁺CD11c⁺MHCII⁺), plasmacytoid DCs (pDCs; CD11c⁺MHCII⁺B220⁺) and dendritic cells expressing CD80, PD-L1 and IDO. The following analyses are representative of 1 independent experiment with 5 mice per group.

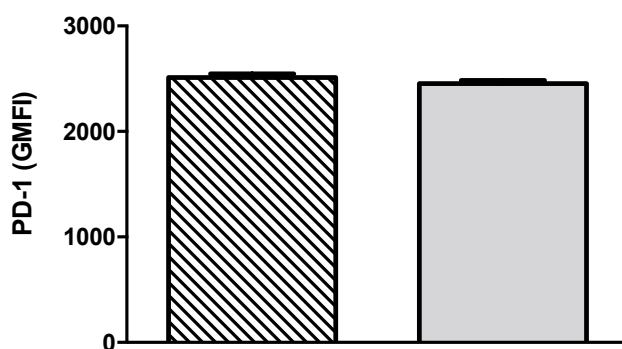


Supplementary Figure 5: Dendritic cell populations expression of IDO and PD-L1 in naïve experimental mice. Geometric mean fluorescent intensity (GMFI) of IDO expression was determined by flow cytometry analysis from the popliteal lymph nodes of naïve IL-4R $\alpha^{-/-lox}$ and Foxp3^{cre}IL-4R $\alpha^{-/-lox}$ male mice. (A) IDO GMFI in conventional dendritic cells (cDCs; CD19⁻CD11b⁺CD11c⁺MHCII⁺), (B) IDO GMFI in plasmacytoid DCs (pDCs; CD11c⁺MHCII⁺B220⁺), (C) Frequency of IDO expressing or PD-L1 expressing dendritic cell subpopulations from the popliteal lymph nodes of naïve mice. The following analyses are representative of 1 independent experiment with 5 mice per group expressed as mean \pm SEM.

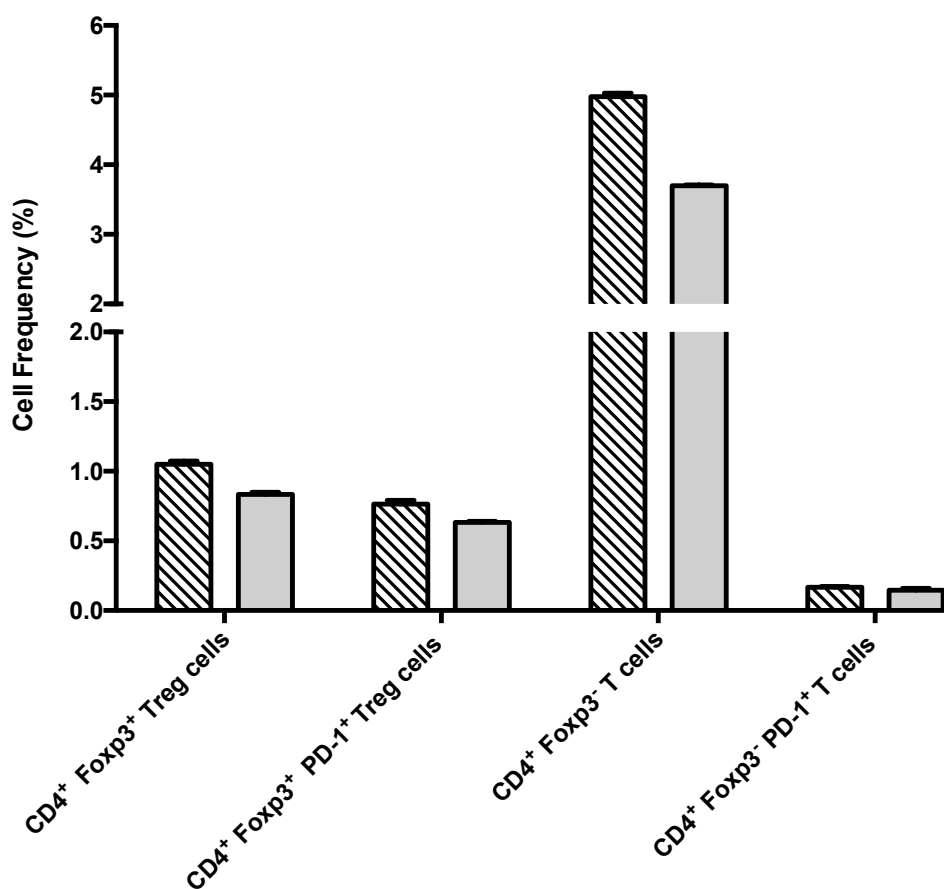


Supplementary Figure 6: Gating strategies used to identify PD-1 expressing Foxp3⁺ Treg cells
 Experimental mice were subcutaneously infected with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. Popliteal lymph node cells were isolated from Foxp3^{cre}IL-4R α and their littermate control mice stained and gated for expression of PD-1 on the Treg cell population (CD4⁺ Foxp3⁺). The following analyses are representative of 1 independent experiment with 5 mice per group.

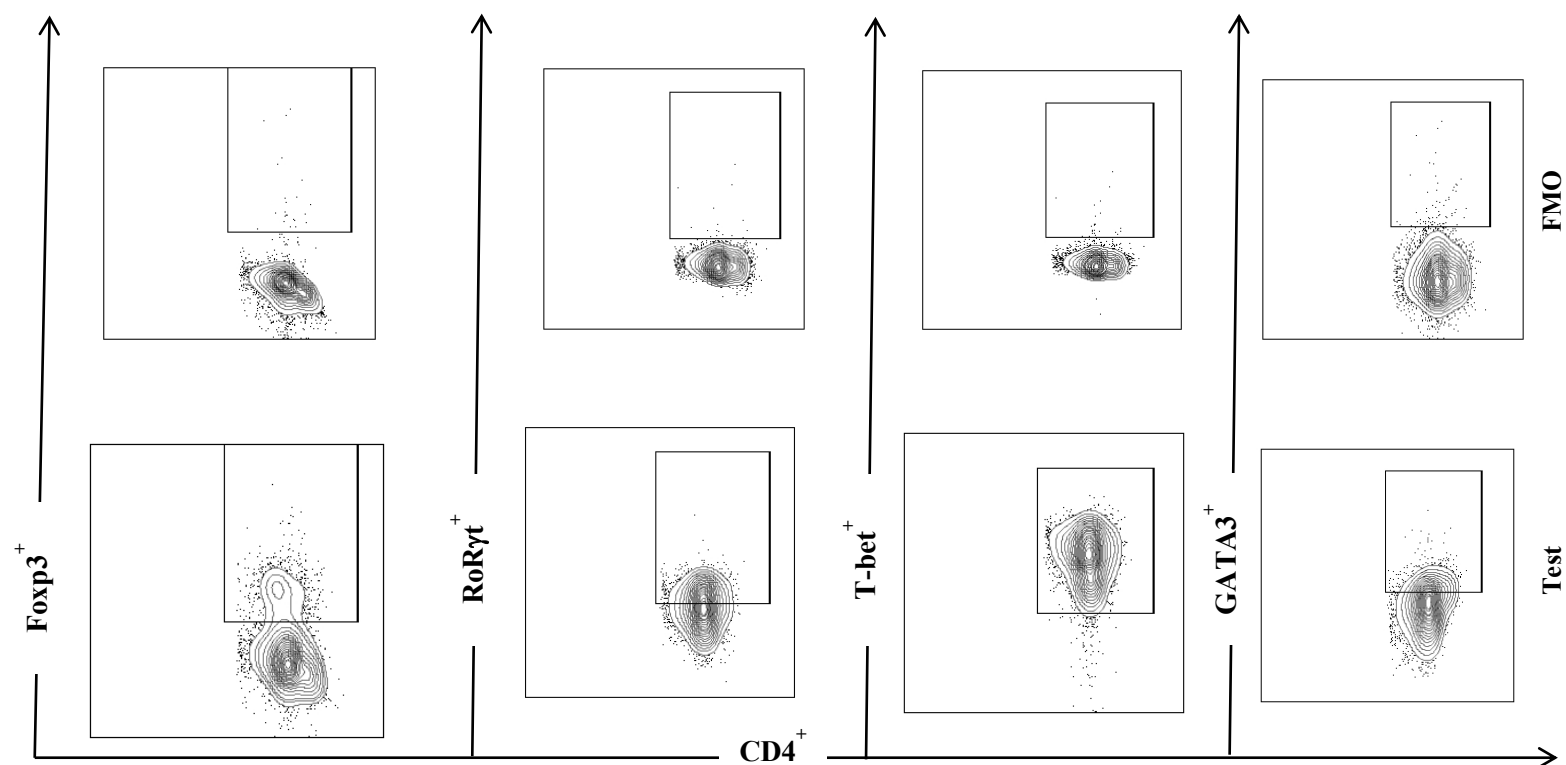
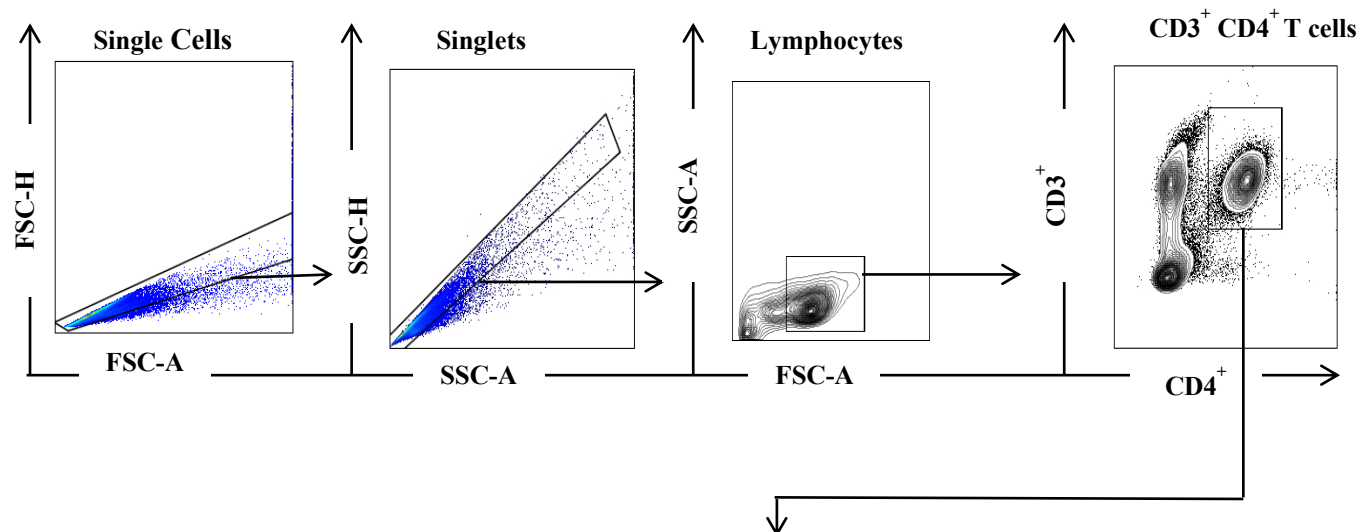
A

CD4⁺ Foxp3⁺ Treg cells

B



Supplementary Figure 7: Treg cell population expression of PD-1 in naïve experimental mice. Geometric mean fluorescent intensity (GMFI) of PD-L1 expression was determined by flow cytometry analysis from the popliteal lymph nodes of naïve IL-4Rα^{-lox} and Foxp3^{cre}IL-4Rα^{-lox} male mice. (A) PD-1 GMFI in CD4⁺Foxp3⁺ Treg cells (B) Frequency of PD-1 expressing T cell populations from the popliteal lymph nodes of naïve mice. The following analyses are representative of 1 independent experiment with 5 mice per group expressed as mean±SEM.



Supplementary Figure 8: Gating strategies used to identify transcription factor expressing T cell populations. Experimental mice were subcutaneously infected with 2×10^6 stationary phase *L. major* LV39 promastigotes into the left hind footpad. Popliteal lymph node cells were isolated from *L. major* infected experimental mice, stained and gated for T cell populations (CD3⁺CD4⁺). Treg cells were identified as CD4⁺ Foxp3⁺, Th17 cells were identified as CD4⁺RoRyt⁺, Th1 cells were identified as CD4⁺T-bet⁺ and Th2 cells were identified as CD4⁺GATA3⁺. FMO: Fluorescence minus one. The following analyses are representative of 2 independent experiments with 5 mice per group.